

COLORADO BUFFALOES



SOPHIE BAIRD
Sophomore • TR
American Fork, Utah
(American Fork/UCLA)

AT UCLA: Baird raced three times as a freshman for the Bruins. She placed 64th overall at the Roy Griak Invitational and went on to place 120th at the Nuttycombe Wisconsin Invitational. At the Pac-12 Championships, Baird was 44th, finishing in 21:49.5. She did not compete during the indoor track season, but did run outdoors for UCLA. Baird recorded a season-best of 4:33.86 in the 1,500 to finish sixth at the Jim Bush Collegiate Invitational.

HIGH SCHOOL: Baird was an all-state selection in cross country in 2015 and on the track in 2016. As a senior on the cross country team in 2015, she was named the team's MVP after winning the regional meet and placing sixth at the state championship. Her team also won the state meet for the second straight time that year. Baird also clocked a 15th place finish at the Nike Southwest Regional meet where her team won the title. On the track as a senior, she competed at the state meet in three events. Baird was seventh in the 1,600 and 3,200-meter runs and was 13th in the 800.

HIGH SCHOOL BESTS: 800-meters: 2:18.77; 1,600-meters: 5:07.38; 3,200-meters: 11:11.19.

IN THE CLASSROOM: Baird intends to major in business management.

PERSONAL: Sophie Camille Baird was born on March, 23, 1998 in Orem, Utah. She is the daughter of Daron and Camie Baird and has three sisters, Addy, Hazel and Millie. Baird enjoys cooking, reading and skiing, as well as spending time with her family and played the violin for eight years.

TRACK PRs

1,500-m	4:33.86
3,000-m	9:57.68
5,000-m	17:37.95

COLORADO BUFFALOES



KAITLYN BENNER

Junior • 2L
Superior, Colo.
(Monarch)

2016: Benner had another great season for the Buffs, earning her second straight All-America honor with a 26th place finish at nationals as Colorado earned a third-place team finish. She played a major role in CU's success during the campaign, which saw the Buffs win the Pac-12 and NCAA Mountain Region Championships, as well as NCAA Pre-Nationals and the Rocky Mountain Shootout. Benner's first uniformed race of the season was the RMS, where she placed second behind teammate Erin Clark, finishing with the fifth fastest time in course history (20:02). She went on to place 12th at NCAA Pre-Nationals, again as CU's second harrier. Benner was fourth overall at Pac-12, recorded all-conference first team honors, and was sixth at regionals to record all-region recognition.

2015: Benner started the 2015 season early, competing at the USA Junior Cross Country Championships in February. She didn't just compete, she won the junior title, finishing in 21:48. Benner went on to lead the U.S. at the IAAF World Junior Cross Country Championships in March, placing 27th overall (21:45). Benner ran her first race as a sophomore for the Buffs at NCAA Pre-Nationals in October, recording a 15th place finish as the Buffs second scorer. She led CU in the following two meets, placing second at Pac-12s and regionals, earning All-Pac-12 and all-region honors. Benner finished the season on a strong note, crossing the finish 16th overall at NCAAs. She was the Buffs' No. 2 runner and helped the team place second.

2014: Benner earned a spot on the varsity roster after placing ninth overall at the Rocky Mountain Shootout (where she raced unattached). Her first race in the black and gold was NCAA Pre-Nationals; she placed 52nd overall and was CU's No. 4 runner. Benner moved up to a 29th place finish at Pac-12s a couple of weeks later, scoring as the Buffs fifth runner. She recorded her first individual honor at regionals, placing 13th overall to be named to the All-Mountain Region team. Benner finished the season 81st at NCAAs, helping the Buffs to a seventh place team finish.

HIGH SCHOOL: Benner was a member of the MHS cross country team that won the state championship in 2011, '12 and '13. The team went on to compete at Nike Cross Nationals in 2013 and placed fifth overall; Benner was 61st individually. MHS also raced at Nike Cross Nationals (NXN) in 2010, placing 15th. Benner was selected to the NXN Southwest All-Sophomore team in 2011 and the All-Freshman team in 2010. On the track, she was a member of the 4x800-meter relay team that placed second at state in 2012, '13 and '14. The relay also set the school record at 9:22. Individually, Benner is the MHS record holder in the 3,200 (10:58). She earned four academic letters as a Coyote and was named to the Academic All-Colorado first team her junior and senior years.

HIGH SCHOOL BESTS: 1,600-meters: 5:03; 3,200-meters: 10:58; 4x800-relay: 9:11.

IN THE CLASSROOM: Benner is a chemical and biological engineering major. She has recorded a GPA greater than 3.90 during her time at CU and has been named to the Pac-12 All-Academic First Team twice (2015 and '16).

PERSONAL: Kaitlyn Marilyn Benner was born on September 25, 1996 in Sacramento, Calif. She is the daughter of Pat and Kathy Benner of Superior, Colo. She has one younger sister, Grace. Benner has done volunteer work that includes mission trips to Mississippi, Los Angeles and the Bahamas.

Results

2016	Fin/CU	Time
+ CSU Invite	+4	17:36
Rocky Mtn. Shootout	2/2	20:02
at Pre-Nationals	12/2	20:29
at Pac-12 Championship	4/3	20:29
at NCAA Mtn. Region	6/2	20:21
at NCAA Championship	26/2	20:16
+ ran unattached		

2015	Fin/CU	Time
at Pre-Nationals	15/2	20:23
at Pac-12 Championship	2/1	19:56
at NCAA Mtn. Region	2/1	20:56
at NCAA Championship	16/2	20:08

2014	Fin/CU	Time
Rocky Mtn. Shootout	+9	21:40
at Pre-Nationals	52/4	21:37
at Pac-12 Championship	29/5	21:00
at NCAA Mtn. Region	13/5	21:33
at NCAA Championship	81/3	21:06

HONORS

2015, 16 All-American
2014, 15, 16 All-Region
2015, 16 All-Pac-12 First Team
2015, 16 Pac-12 All-Academic First Team
2014, 15, 16 USTFCCCA All-Academic

TRACK PRs

800-m	2:14.30 (I)
1,500-m	4:25.32 (O)
Mile	4:53.67 (I)
3,000-m	9:09.66 (I)
5,000-m	15:56.52 (O)

COLORADO BUFFALOES



HOLLY BENT

Freshman • HS

Louisville, Colo.

(Monarch)

HIGH SCHOOL: Bent raced four seasons for Monarch High School, lettering all four seasons. As a senior, she placed 13th at the Colorado High School Athletic Association 5A State Championships after an 11th place finish at regionals. Bent was also 12th at the Front Range League Championships. She qualified for the Nike Cross Country Regional Championships where she finished 52nd overall. Bent also had a very successful season as a sophomore, winning the state regional meet en route to a fourth place finish at the state championship. On the track, she recorded three personal records in 2017. She clocked 2:15.60 in the 800-meters, 5:05.94 in the 1,600 and 10:54.62 in the 3,200. Bent competed in all three events at the state championships, clocking a fifth-place finish in the 1,600 (with her PR time of 5:05.94) and a 10th-place finish in the 800, finishing just under her PR (2:16.88).

HIGH SCHOOL BESTS: 800-meters: 2:15.60; 1,600-meters: 5:05.94;

3,200-meters: 10:54.62.

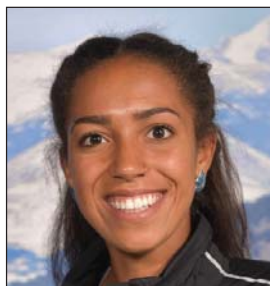
IN THE CLASSROOM: Bent intends to major in journalism, but is also interested in Spanish and political science.

PERSONAL: Holly Frances Bent was born on December 21, 1998 in Sydney, Australia. She is the daughter of Robert Bent and Nicole Harden-Bent. Her father was a goalkeeper in the Scottish professional league. Bent is bilingual (Spanish and English) and has four passports (United States, Australia, New Zealand and United Kingdom). She enjoys skiing, traveling, camping and writing children's books. Bent also spent one summer teaching English to children at the School of Hope in Jocotenango, Guatemala.

TRACK PRs

800-m	2:15.60
1,600-m	5:05.94
3,200-m	10:54.62

COLORADO BUFFALOES



MADIE BOREMAN

Freshman • RS
Round Rock, Texas
(Rouse)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Boreman was a very successful runner at Rouse High School, earning four letters in cross country and four letters in track and field. She recorded three top-10 finishes at the state cross country meet, winning as a freshman. She was seventh in both her sophomore and senior seasons and placed 15th as a junior. On her way to competing at the state meet, Boreman won all four region titles. She also competed at the Nike Cross Nationals twice, earning her highest finish at 27th as a senior. On the track, Boreman earned eight region championships in the 1,600 and 3,200-meter runs between her freshman and senior years. In 2016, she placed second at the state meet in the 1,600, finishing in 4:46.55 and was seventh in the 3,200 (10:40.49). Later that year, Boreman ran the 1,500 at the adidas Boost Boston Games and placed sixth overall (4:23.77). During the 2016 indoor season, she placed sixth (4:47.39) in the mile at the New Balance Indoor Nationals. Boreman's junior year was also good one, finishing third at the state championships in the 3,200 and fourth in the 1,500. During

her high school track career, she qualified for the Dream Mile twice, once as a freshman and again as a senior.

HIGH SCHOOL BESTS: 800-meter: 2:15.62; 1,500-meters: 4:23.77; Mile: 4:54.40; 3,200-meters: 10:24.70.

IN THE CLASSROOM: Boreman is majoring in psychology. She has earned a 3.75 GPA after her first year at CU.

PERSONAL: Madison (Madie) Rose Boreman was born on July 10, 1998 on Fort Hood, Texas. She is the daughter of Clayton Parks and Jarrah Boreman of Round Rock, Texas, and has one sister, Dharma.

Results

2016 Fin/CU Time
at CSU Invite..... +13 18:05
at Metro St. Invite +15 23:39
* Redshirt Season

TRACK PRs

800-m 2:07.51 (0)
1,500-m 4:19.61 (0)
Mile 4:41.41 (I)
Steeplechase 9:46.48 (0)

COLORADO BUFFALOES



OLIVIA BROOKS

Freshman • HS
Bend, Ore.
(Summit)

HIGH SCHOOL: Brooks, a four-year letterwinner in cross country and track and field at Summit High School, owns the mile and 3,000-meter schools records. She set the mile record, 4:28.82, at Oregon Relays, where she placed third overall. Brooks set her 3k record en route to winning the Oregon State Athletic Associate 5A State Championship. She also won the 1,500 (4:30.71) and was part of the 4x400 (3:58.64) at the state meet. Brooks saw a lot of success at the state championships in prior years as well. She won the 1,500 title in 2015 and '16, the 3k in 2015 and '16 and was part of the 2016 4x400 state championship team. On the cross country course, she was very successful, winning the state championship her sophomore, junior and senior years. As a freshman, she was the runner-up. Brooks recorded a pair of top-10 finishes at the Nike Cross Northwest Region Championships, placing seventh as a junior and eighth as a senior.

HIGH SCHOOL BESTS: 800-meters: 2:13.29; 1,500-meters: 4:28.82; mile:

4:51.16; 3,000-meters: 9:50.94.

IN THE CLASSROOM: Brooks is undecided on a major.

PERSONAL: Olivia Grace Brooks was born on March 10, 1999 in Salinas, Calif. She is the daughter of Ken and Stephanie Brooks of Bend, Ore., and has three siblings, Austin, Colton and Emma.

TRACK PRs

800-m	2:13.29
1,500-m	4:28.82
Mile	4:51.16
3,000-m	9:50.94

COLORADO BUFFALOES



MACKENZIE CALDWELL
Junior • 2L
Columbus, Ind.
(Columbia North)

2016: Caldwell returned to the CU line-up as a redshirt sophomore and made a huge impact. She earned her first All-America honor at NCAAs, finishing 39th overall as CU's No. 3 runner, helping CU to a third-place team finish. Caldwell received all-region honors after finishing eighth overall (No. 4 for CU), as the Buffs won the NCAA Mountain Region Championship. Colorado also took home the team title at the Pac-12 Championships where Caldwell placed 16th overall.

2015: Caldwell started the season early at the USA Junior Cross Country Championships in February, finishing 14th in 23:36. She redshirted the 2015 NCAA season.

2014: Caldwell ran unattached at the Rocky Mountain Shootout and placed 14th overall to earn a spot on the varsity roster. She debuted for the Buffs at NCAA Pre-Nationals, placing 128th overall. Caldwell was 44th at Pac-12s and placed 36th at regionals. She ended the season at NCAAs with a 195th place finish.

HIGH SCHOOL: Caldwell owns three records at CNHS: the 5-kilometer cross country course record (17:29), the 1,600-meter run (4:55) and the 3,200 (10:37), and all

three double as the Conference Indiana records. Caldwell set the cross country record on October 9, 2013 and both track records on April 26, 2014. The Bull Dogs were the CI cross country champions four straight years (2010-13) and the track and field team won the title in 2014. Caldwell was named all-state three times as a member of the cross country team and three times on the track team, and was a cross country all-conference selection four straight years. She placed second at the state cross country meet as a senior and was fourth her sophomore and junior years. Caldwell won the 2014 indoor state 3,200 title and during the outdoor season, she placed fifth in the 1,600 and 3,200. As a junior, she was third in both events and was sixth in the 3,200 as a sophomore. Caldwell also excelled in the classroom and was named academic all-state for track her sophomore through senior years and for cross country as a sophomore.

HIGH SCHOOL BESTS: 800-meters: 2:21; 1,600-meters: 4:55; 3,200-meters: 10:37.

IN THE CLASSROOM: Caldwell is majoring in accounting and owns a 3.87 GPA. She was named to the 2016 Pac-12 All-Academic First Team as a redshirt sophomore in 2016.

PERSONAL: Mackenzie Ann Caldwell was born on May 20, 1996 in Columbus, Ind. She is the daughter of Gary and Renee Caldwell and has two older brothers, Quinton and Raleigh. Caldwell enjoys camping, hiking and photography. She played the Oboe and earned the Symphonic March Most Improved (2010-11) and the Wind Ensemble Outstanding Attitude (2013-14) awards. Caldwell was also part of the Bull Dog News Network and earned MVP honors (2013-14) and the Spoke Award (2012-13).

Results

2016 **Fin/CU.... Time**
at CSU Invite.....7/2.....17:36
at Pac-12 Championship ..16/6.....21:04
at NCAA Mtn. Region.....8/4.....20:21
at NCAA Championship39/3.....20:24

2015 **Fin/CU.... Time**
at CSU Invite.....+8.....17:45
Rocky Mtn. Shootout.....+28.....22:50
* Redshirt Season

2014 **Fin/CU.... Time**
Rocky Mtn. Shootout.....+14.....22:00
at Pre-Nationals128/6.....22:17
at Pac-12 Championship ..44/6.....21:22
at NCAA Mtn. Region.....36/7.....22:14
at NCAA Championship195/7.....21:55
+ Ran Unattached

HONORS

2016 All-American
2015 All-Region
2016 Pac-12 All-Academic First Team
2016 USTFCCCA All-Academic

TRACK PRs

800-m2:15.79 (O)
1,500-m4:26.51 (O)
Mile.....5:05.00 (I)
3,000-m9:40.38 (I)
5,000-m16:15.12 (O)
10,000-m33:52.08 (O)

COLORADO BUFFALOES



SAL CAPETILLO
Freshman • RS
Pomona, Calif.
(Baldwin Park)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Capetillo was the Baldwin Park High School Athlete of the Year after earning first team All-CIF honors in track (3,200-meters) and cross country. He also earned the honor his junior year in the 3,200. During the course of his career, Capetillo earned four letters in cross country and four on the track team. As a senior, he finished second in the 3,200 at the CIF-SS Division 3 Finals and advanced to the state championship finals. As a junior, Capetillo was fifth in the CIF-SS Division 2 Finals of the 3,200. On the cross country course, Capetillo placed sixth at the 2015 state championships, finishing the 5k course in 15:26.8.

HIGH SCHOOL BESTS: 1,600-meters: 4:23.19; 3,200-meters:

9:01.77.

IN THE CLASSROOM: Capetillo is an integrative physiology major.

PERSONAL: Salvador Anthony Capetillo was born on February 10, 1998 in Los Angeles. He is the son of Salvador Capetillo and Gloria Marquez of Pomona, Calif. Besides running, Capetillo enjoys playing piano and violin.

Results

2016	Fin/CU	Time
at CSU Invite.....	+62	15:58
Rocky Mtn. Shootout.....	+13	26:17
* Redshirt Season		

TRACK PRs

1,500-m	4:08.46 (0)
3,000-m	8:21.46 (1)
5,000-m	14:35.04 (0)

COLORADO BUFFALOES



VALERIE CONSTIEN

Junior • 1L
Edwards, Colo.
(Battle Mountain)

2016: Did not compete.

2015: Constien made her cross country debut for the Buffs at the USA Junior Cross Country Championships in February, recording a runner-up finish in 21:54. The finish qualified her for the world championships where she placed 62nd in 22:58. Constien went on to race as a redshirt freshman in the fall. She finished sixth at the Rocky Mountain Shootout. At the open race at NCAA Pre-Nationals, Constien placed 13th overall. She didn't score for the Buffs in the last three races, but played an important part of the team. Constien was 29th at Pac-12s, 24th at regionals and 136th at NCAAs. Her performance at regionals garnered her all-region recognition.

2014: Redshirt. Did not compete.

HIGH SCHOOL: Constien was a four-sport athlete at BMHS, competing in cross country, track & field, Nordic skiing and soccer. She owns or is a part of seven records at BMHS. In 2013, Constien ran 17:55 to set the 5k cross country record and in the spring of 2014, she recorded records in the 800-meters (2:16) and 1,600 (5:04). Constien also own records in the triple jump (36-3), 4x400, 4x800 and distance medley relays. The Huskies won three straight 4A Western Slope League Championships in track (2011-13) and three in a row for cross country (2011-13) during her time on the team. Constien was named first-team all-state her junior and senior years for cross country and was a first team all-state selection for track as a sophomore. She raced at the 2013 Nike Cross Country South West Regionals and was 10th overall. On the track, Constien placed sixth at the state championships in the 1,600, finishing in 5:04. Constien also earned numerous academic honors while at BMHS and was a member of the National Honor Society.

HIGH SCHOOL BESTS: 400-meters: 1:01.66; 800-meters: 2:16; 1,600-meters: 5:04; 3,200-meters: 11:40.

IN THE CLASSROOM: Constien is majoring in environmental engineering.

PERSONAL: Valerie H. Constien was born on March 21, 1996 in Vail, Colo. She is the daughter of Ron and Ann Constien of Edwards, Colo., and has one sister, Elizabeth. Constien enjoys baking, crafts and reading and can play the piano and French horn. She was a member of her high school's band and pep band all four years of high school and is also a big-game hunter.

Results

2015	Fin/CU	Time
at CSU Invite.....	10/3	17:51
Rocky Mtn. Shootout.....	6/5	21:25
at Pre-Nationals	+13	21:54
at Pac-12 Championship	29/7	20:43
at NCAA Mtn. Region.....	24/6	21:39
at NCAA Championship	136/6	21:05
+ Ran Unattached		

HONORS

2015 All-Region

TRACK PRs

800-m	2:19.23 (0)
1,500-m	4:33.53 (0)
Mile	4:51.06 (I)
3,000-m	9:36.74 (I)
5,000-m	16:49.51 (0)
Steeplechase	10:05.65 (0)

COLORADO BUFFALOES



JOHN DRESSSEL

Junior • 2L
Colbert, Wash.
(Mt. Spokane)

2016: Dressel had another great season for the Buffs. Although he raced the Rocky Mountain Shootout unattached, he won with the sixth best time in course history (24:38). Dressel's first uniformed race was NCAA Pre-Nationals, where he was 27th overall. He helped the team win its sixth consecutive Pac-12 team title, finishing sixth overall. At regionals, Dressel moved up one spot to fifth overall. He earned his second All-America honor at nationals, finishing 33rd. During the season, Dressel also earned All-Pac-12 First Team and all-region honors.

2015: Dressel had an outstanding freshman campaign for the Buffs. He raced unattached at a pair of meets before earning a spot on the varsity roster. At NCAA Pre-Nationals, his first race in uniform for CU, Dressel was 46th overall, crossing the finish as CU's No. 5 runner. A couple weeks later, Dressel recorded a sixth place finish at Pac-12s, helping the Buffs to their fifth straight conference title. He earned all-region honors two weeks later, placing 19th overall. Dressel capped off his season with a 26th place finish at NCAAs, earning his first All-American honor.

HIGH SCHOOL: Dressel won the 2015 3A Washington State 1,600 and 3,200-meter titles as a senior and owns the Wildcats' 3,200 record (8:57.00). Dressel competed at the 2015 USA Junior Cross Country Championships in Boulder and placed third to earn a spot on the roster for the world championships where he was the top American finisher at 27th. He was also a member of the 2015 APA Pan American Cross Country Cup team. Dressel was a three-time FootLocker Cross Country All-American (2012-14), and was a 2012 3,200 New Balance Outdoor Nationals All-American. He was the MSHS MVP four times, three on the cross country course and once for track. Dressel was all-state and all-conference six times (four cross country and two track). Georgetown, Stanford, Oregon, Wisconsin, Portland, Gonzaga, Princeton, Arkansas, Notre Dame and Oklahoma State all recruited him before he chose CU.

HIGH SCHOOL BESTS: 800-meters: 1:56.55; 1,600-meters: 4:10.95; 3,200-meters: 8:57.00.

IN THE CLASSROOM: Dressel is a business major with an emphasis in marketing.

PERSONAL: John Hiatt Dressel was born on May 2, 1997 in Spokane, Wash. He is the son of Alex, his high school cross country and track coach, and Linette Dressel of Colbert, Wash. and has one sibling, Hayden. His father also ran track and cross country at Arkansas and his aunt Lisa (Dressel) Ferraro ran at Wisconsin and Auburn. Dressel also enjoys soccer, traveling and hiking.

Results

2016	Fin/CU	Time
at CSU Invite	+8	15:01
Rocky Mtn. Shootout	+1	24:38
at Pre-Nationals	27/3	24:31
at Pac-12 Championship	6/3	24:18
at NCAA Mtn. Region	5/2	31:00
at NCAA Championship	33/3	30:22

2015	Fin/CU	Time
at CSU Invite	+2	14:51
Rocky Mtn. Shootout	+5	25:16
at Pre-Nationals	46/5	23:55
at Pac-12 Championship	6/2	23:20
at NCAA Mtn. Region	19/5	30:30
at NCAA Championship	26/5	30:17
+ Ran Unattached		

HONORS

2015, 16 All-American
2015, 16 All-Region
2015, 16 All-Pac-12 First Team
2015 Pac-12 Freshman of the Year

TRACK PRs

800-m	1:55.15 (I)
1,500-m	3:45.49 (O)
Mile	4:14.37 (I)
3,000-m	7:51.44 (I)
5,000-m	13:42.57 (I)
10,000-m	29:20.97 (O)

COLORADO BUFFALOES



CONNOR DUNNE

Freshman • RS
San Clemente, Calif.
(San Clemente)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Dunne was named the San Clemente High School Triton of the Year as a junior and senior. He owns school records in the 800 (1:50.41) and 1,600 (4:03.18) and ran the fastest three-mile time in school history on the cross country course (14:45). Dunne won the mile run at the Azusa Pacific Meet of Champions, finishing in 4:04. His main event was the 800, finishing second at the CIF-SS Division 1 Finals. He won the CIF-SS Masters Meet with a career best 1:50.41. Dunne was third in the 800 at the CIF California State Championship prelims and placed seventh in the finals. He went on to race at the Brooks PR Invitational, finishing fifth. As a junior, he finished 10th at the state championships (800) after placing third in the prelims.

Dunne was also part of Team USA at the World Youth Championships in 2015, competing in the 800. Dunne lettered in both cross country and track and field at SCHS.

HIGH SCHOOL BESTS: 800-meter: 1:50.41; 1,600-meters: 4:03.18; Mile: 4:04.59.

IN THE CLASSROOM: Dunne is majoring in psychology.

PERSONAL: Connor Richard Dunne was born on May 26, 1998 in Mission Viejo, Calif. He is the son of Michael and Carrol Dunne of San Clemente, Calif. Dunne's older sister, Alex, ran track and cross country at Stanford. He enjoys running and fishing. Dunne is an avid spear fisherman and free diver and can hold his breath for over three minutes.

Results

2016 Fin/CU.... Time
at CSU Invite..... +35 15:34
Rocky Mtn. Shootout..... +19 26:34
+ Ran Unattached

TRACK PRs

800-m 1:50.41
1,500-m 3:54.83 (0)
Mile..... 4:04.59

COLORADO BUFFALOES



RYAN FORSYTH

Junior • 2L
Severna Park, Md.
(Severna Park)

2016: Forsyth had a breakout season as a sophomore for CU. He won the Colorado State Invite to start the season and followed that up with a fourth place finish at the Rocky Mountain Shootout. Forsyth led the Buffs at NCAA Pre-Nationals, finishing 15th overall, and was ninth at Pac-12s, helping CU win its sixth straight team championship. Forsyth's performance also earned him All-Pac-12 Second Team honors. At regionals, he was 27th, before finishing the season 74th at nationals.

2015: Forsyth raced to a seventh place finish at the USA Junior Cross Country Championships, finishing in 26:10. During the fall, he earned a spot on the varsity roster. He started the year by placing fifth overall at the Colorado State Invitational and followed it up with a seventh place finish at the Rocky Mountain Shootout. Two weeks later at NCAA Pre-Nationals, Forsyth placed 51st. He was 24th at Pac-12s (CU's No. 6 runner) and was the alternate at regionals and NAAs.

2014: Redshirt. Did not compete.

HIGH SCHOOL: Forsyth competed with the Severna Park Cross Country Club at the 2013 Nike Cross National Championship where he was 52nd individually and led the team. Forsyth placed fourth in the 5,000-meter run at New Balance Indoor Nationals and was sixth in the 5k at New Balance Outdoor Nationals to earn a pair of All-America honors in 2014. He is the Maryland state record holder in the indoor 3,200 (9:16) and the 5k in cross country (15:41). Forsyth was named the 2013 Gatorade Maryland Cross Country Runner of the Year and earned multiple all-state recognition in cross country and track while lettering all four years at SPHS.

HIGH SCHOOL BESTS: 1,600-meters: 4:18; 3,000-meters: 8:30; 3,200-meters: 9:09; 5,000-meters: 14:39.

IN THE CLASSROOM: Forsyth is a mechanical engineering major. He earned Pac-12 All-Academic honorable mention honors in 2016.

PERSONAL: Ryan Forsyth was born on July 7, 1996 in Baltimore, Md. He is the son of David and Zoe Forsyth of Severna Park, Md. He has one brother, Andrew, and one sister, Caroline, who are twins. Forsyth enjoys sailing, wakeboarding, skiing and model building. He has worked as a sailing school instructor and had

Results

2016 **Fin/CU** **Time**
 at CSU Invite..... 1/1 14:58
 Rocky Mtn. Shootout..... 4/3 25:04
 at Pre-Nationals 15/1 24:21
 at Pac-12 Championship .. 9/4 24:40
 at NCAA Mtn. Region..... 27/6 31:33
 at NCAA Championship 74/4 30:43

2015 **Fin/CU** **Time**
 at CSU Invite..... 5/2 15:01
 Rocky Mtn. Shootout..... 7/5 25:19
 at Pre-Nationals 51/6 23:58
 at Pac-12 Championship .. 24/6 23:53
 at NCAA Mtn. Region..... Alt.
 at NCAA Championship Alt.

2014 **Fin/CU** **Time**
 Rocky Mtn. Shootout..... +12 25:41
** Redshirt Season*

HONORS

2016 All-Pac-12 Second Team
 2016 Pac-12 All-Academic honorable mention

TRACK PRs

800-m 1:59.62 (0)
 1,500-m 3:58.73 (0)
 3,000-m 8:08.91 (I)
 5,000-m 13:57.80 (I)
 10,000-m 29:32.38 (0)

COLORADO BUFFALOES



REILLY FRIEDMAN

Sophomore • 1L

Atlanta, Ga.

(The Galloway School)

2016: Friedman earned a spot on the varsity roster as a redshirt freshman. He started the season 32nd at the Colorado State Invite, but improved to 14th at the Rocky Mountain Shootout a month later. Friedman went on to race at the Bradley Classic, finishing fifth as CU's No. 2. At the Pac-12 Championships, he was 32nd, finishing as CU's sixth harrier. Friedman served as the alternate at regionals, but ran a 217th place finish at nationals to finish the season.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Friedman, the 2014-15 Georgia Gatorade Boys Runner of the Year, earned eight letters (four cross country and four track and field) as a member of The Galloway School and won three straight cross country titles (2012-14). Also the Runner of the Year as named by the Atlanta Track Club, Friedman took sixth at the Nike Cross Nationals Southeast Regional

championships, and then finished 28th at the NXN Final. In addition to finishing unbeaten against Georgia prep cross country competitors in 2014, he broke the tape in 14:48.20 at Alexander High's Asics Invitational, which ranked as the state's fastest 5K of the season. On the track, Friedman was a three-time state champion in the 3,200-meter run (2013-15) and a two-time runner-up in the 1,600 (2012, '13). In 2015, he placed sixth at the New Balance Indoor Championships in the 5k. Friedman owns several school records, including the 1,600 (4:21) and 3,200 (9:24). He was also recruited by Northern Arizona, Georgia, Virginia, Portland, New Mexico, Ole Miss and Georgia Tech.

HIGH SCHOOL BESTS: 1,600-meters: 4:21; 3,200-meters: 9:21; 5,000-meters: 14:48; 10,000-meters: 32:24.

IN THE CLASSROOM: Friedman is majoring in mathematics. He earned Pac-12 All-Academic honorable mention recognition in 2016.

PERSONAL: Reilly Griffin Friedman was born on June 11, 1997 in Atlanta, Ga. He is the son of Brion Friedman and Deirdre Lavieri and has one brother, Haines. He is an Eagle Scout and enjoys collecting music and exploring.

Results

2016	Fin/CU	Time
at CSU Invite.....	32/10	15:32
Rocky Mtn. Shootout.....	14/7	26:19
at Bradley Classic.....	5/2	24:28
at Pac-12 Championship ..	32/6	25:09
at NCAA Mtn. Region.....	Alt.	
at NCAA Championship	217/7	31:55

2015	Fin/CU	Time
at CSU Invite.....	+31	15:35
* Redshirt Season		

HONORS

2016 Pac-12 All-Academic honorable mention

TRACK PRs

1,500-m	4:05.77 (0)
3,000-m	8:49.49 (I)
5,000-m	14:15.88 (0)
10,000-m	29:52.46 (0)

COLORADO BUFFALOES



ETHAN GONZALES

Junior • 1L
Westminster, Colo.
(Broomfield)

2016: Gonzales had a successful sophomore season, earning a spot on the varsity roster. He started the campaign by finishing seventh overall at the Colorado State Invitational before placing ninth at the Rocky Mountain Shootout. Gonzales was CU's sixth man at NCAA Pre-Nationals, placing 54th overall. He moved up to 52nd at the Pac-12 Championships and was 49th at regionals. Gonzales served as CU's alternate at nationals.

2015: Did not compete.

2014: Redshirt. Did not compete.

HIGH SCHOOL: Gonzales earned four letters on the cross country team and four letters as a member of the track and field team at BHS. He was the runner-up at the 2013 Colorado 4A Cross Country Championships, helping the Eagles to their first state championship. Gonzales also recorded a pair of runner-up finishes at the 2014 Colorado 4A Track & Field Championships in

the 1,600-meter run (4:19.37) and 3,200 (9:25.55). His time in the 1,600 is the BHS record, and he also owns the school record in the 3,200 (9:18.16). As a junior, Gonzales placed third in the 1,600 and was second in the 3,200. He was also recruited by Princeton, Notre Dame, Portland, California and Memphis.

HIGH SCHOOL BESTS: 1,600-meters: 4:16.73; 3,200-meters: 9:00.58.

IN THE CLASSROOM: Gonzales is majoring in environmental engineering. He has recorded a GPA greater than 3.00 and was named to the 2016 Pac-12 All-Academic honorable mention team.

PERSONAL: Ethan Alexander Gonzales was born on March 25, 1996 in Denver, Colo. He is the son of Charles and Tammy Gonzales of Westminster, Colo. He has one sister, Ivy. Gonzales lists his hobbies as swimming, biking, hiking and camping.

Results

2016 **Fin/CU** **Time**
at CSU Invite..... 7/5 15:01
Rocky Mtn. Shootout..... 9/5 25:47
at Pre-Nationals 54/6 24:56
at Pac-12 Championship .. 52/8 25:56.6
at NCAA Mtn. Region..... 49/7 32:15
at NCAA Championship Alt.

2014 **Fin/CU** **Time**
Rocky Mtn. Shootout..... +13 25:41
* Redshirt Season

HONORS

2016 Pac-12 All-Academic honorable mention

TRACK PRs

1,500-m 4:00.95 (0)
3,000-m 8:30.88 (I)
5,000-m 14:05.63 (0)
10,000-m 29:33.47 (0)

COLORADO BUFFALOES



EDUARDO HERRERA

Freshman • RS
Madera, Calif.
(Madera South)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Herrera was named the Madera South High School Most Valuable Runner of the Year twice and was a three-time All-CIF selection. During his senior season in cross country, he placed second at the state meet after winning the CMAC League and CIF Central Section Championships. Herrera went on to compete at Nike Cross Nationals, placing fifth overall. As a junior on the cross country course, he won the conference and section titles on his way to placing fourth at the state meet. Herrera was also very successful on the track, placing second at the 2016 state championships in the 1,600. Leading up to the state meet, Herrera won the 1,600 CIF North Area Championship and the CMAC Championships and also placed second in the 800 at the CIF Central Section Championships after winning the conference title. He won the high school section of the 3,000 at the Stanford Invitational, finishing in 8:15.01. As a junior, Herrera won the conference title in the 800 and 1,600 and was third in the 3,200. At the state meet, he placed third overall in the 3,200.

HIGH SCHOOL BESTS: 800-meter: 1:53.85; 1,600-meters: 4:05.63; Mile: 4:04.99; 3,000-meters: 8:15.01; 3,200-meters: 8:55.01.

IN THE CLASSROOM: Herrera is undecided on his major heading into his redshirt freshman season.

PERSONAL: Eduardo Herrera was born on Sept. 23, 1997 in Madera, Calif. He is the son of Eduardo and Maria Herrera and has one older brother. He has done volunteer work, serving food to the homeless and enjoys running and FIFA.

Results

2016	Fin/CU....	Time
at CSU Invite.....	+9	15:07
Rocky Mtn. Shootout.....	+11	26:13
* Redshirt season		

TRACK PRs

800-m	1:53.85
1,500-m	3:52.41 (0)
Mile.....	4:04.99
3,000-m	8:04.96 (I)

COLORADO BUFFALOES



CHRIS HERRICK

Junior • VR
Missoula, Mont.
(Hellgate)

2016: Herrick raced three times for CU as a sophomore. He placed 25th overall at the season opener, the CSU Invite. Herrick followed up that performance with an 18th place finish at the Rocky Mountain Shootout and finished the season 49th at the Bradley Classic.

2015: Herrick ran in two races for the Buffs during his redshirt freshman season. He was 47th overall at the Rocky Mountain Shootout and 65th in the open race at NCAA Pre-Nationals.

2014: Redshirt. Did not compete.

HIGH SCHOOL: Herrick broke a 39-year-old school record in the 3,200-meter run at the Arcadia Invitational in 2013. He raced to a time of 9:17 and held the record for a few hours before his high school teammate and current CU teammate, Adam Peterman, broke his record later that

night. The Knights won three straight Montana State cross country titles (2011-13) and four consecutive state track titles (2010-13). Herrick was injured during his senior cross country season, but in the spring he placed second at state in the 1,600 (4:28.61) and third in the 3,200 (9:32.60). As a junior, he was fourth in the 3,200 (9:29.54) and fifth in the 1,600 (4:25.12). He also placed eighth at the state cross country meet in 2012. Herrick was all-state in track (1,600 and 3,200) and academic all-state. He was honored with the HHS "Knight Award" as a senior and served as the cross country team's captain in 2013 despite being injured. Herrick was also recruited by Portland, Northern Arizona, Washington State and Oklahoma.

HIGH SCHOOL BESTS: 1,600-meters: 4:23; 3,200-meters: 9:17.

IN THE CLASSROOM: Herrick is an ecology and evolutionary biology major. He has recorded a GPA greater than 3.40 and was named to the 2016 Pac-12 All-Academic honorable mention team.

PERSONAL: Christopher Coulson Herrick was born on November 13, 1995 in Bend, Ore. He is the son of Jonathan and Jill Herrick of Missoula, Mont. Herrick also has a sister, Jenna. He enjoys mountain biking, skiing and backpacking. Herrick lived in Alaska for six years and spent a lot of time salmon and halibut fishing.

Results

2016 **Fin/CU.... Time**
at CSU Invite..... 25/9 15:24
Rocky Mtn. Shootout..... 18/8 26:32
at Bradley Classic..... 49/4 25:19

2015 **Fin/CU.... Time**
Rocky Mtn. Shootout..... 47/9 27:07
at Pre-Nationals +65 25:56
+ *Ran unattached*

***2014** **Fin/CU.... Time**
Rocky Mtn. Shootout..... +32 26:48
** Redshirt season*

HONORS

2016 Pac-12 All-Academic honorable mention

TRACK PRs

1,500-m 4:07.06 (0)
Mile 4:26.11 (I)
3,000-m 8:25.70 (I)

COLORADO BUFFALOES



SAGE HURTA
Sophomore • 1L
Hamilton, N.Y.
(Hamilton Central)

2016: Hurta earned a spot on the varsity roster as a true freshman. After running a pair of races unattached, she entered the CU line-up at NCAA Pre-Nationals where she recorded a 36th place finish and her first points for the Buffs as their fifth runner. Hurta was also CU's No. 5 runner at the Pac-12 Championships where she was 15th overall and helped CU to its second straight team title. She served as the team's alternate at regionals, but was back in the line-up at nationals where she recorded her first All-American honor with a 40th place finish while CU took third in the team race.

HIGH SCHOOL: Hurta is a three-time New York State Cross Country Champion, winning the title as a senior, junior and in seventh grade, becoming the only seventh grader to ever win the title. As a senior, Hurta also placed 10th at Foot Locker Nationals in 2015. She earned six letters on the cross country team and six on the track team at Hamilton Central. On the track, Hurta won four New York State Division 2 Championships.

She recorded a pair of titles as a senior, winning the 800 and 1,500. As a junior, she was the 800 champions and won the 1,500 for the first time as a sophomore. Hurta owns school records in the 200, 400, 800, 1,500, 3,000 and 2,000-meter steeplechase and is a part of the school's record setting 4x100, 4x200, 4x400 and sprint medley relay teams. She also owns conference records in the 400, 800, 1,500 and 3,000, as well as New York Section 3 records in the 1,500 (indoor), mile (indoor) and 800 (outdoor). As a senior, she placed seventh in the mile at New Balance Indoor Nationals and was second in the 800 at the New Balance Outdoor Nationals. Academically, Hurta was named a National Merit Scholarship Recipient and was her class's valedictorian. Before committing to Colorado, she was also recruited by Yale, Virginia, Princeton and Brown.

HIGH SCHOOL BESTS: 800-meter: 2:06.37; 1,500-meters: 4:25.29; Mile: 4:47.75; 3,000-meters: 10:06.67.

IN THE CLASSROOM: Hurta is majoring in chemical and biological engineering and owns a perfect 4.00 GPA.

PERSONAL: Sage Alexandra Hurta was born on June 23, 1998 in Buffalo, N.Y. She is the daughter of Gary and Amy Hurta of Hamilton, N.Y. Her mother ran cross country and track at Cornell, and her father was also on the track team at Cornell.

Results

2016	Fin/CU	Time
at CSU Invite.....	+2	17:35
at Metro St. Invite	+1	21:24
at Pre-Nationals	36/5	20:52
at Pac-12 Championship ..	15/5	21:01
at NCAA Mtn. Region.....	Alt.	
at NCAA Championship	40/4	20:25
+ Ran Unattached		

HONORS

2016 All-American
2016 USTFCCA All-Academic

TRACK PRs

800-m	2:06.37
1,500-m	4:18.42 (O)
Mile.....	4:38.39 (I)
3,000-m	10:06.67
Steeplechase.....	10:07.87 (O)

COLORADO BUFFALOES



KATE INTILE
Freshman • HS
Tualatin, Ore.
(Tualatin)

HIGH SCHOOL: Intile recorded a pair of top-10 finishes at the Oregon State Athletic Association 6A Cross Country Championships. She raced to a seventh place finish as a junior and was ninth as a senior. Those same years, Intile was also very successful at the 6A-4 Three Rivers League Championship, recording a runner-up finish in 2016 after winning the race in 2015. After her final high school cross country race in 2016, Intile recorded a 46th place finish at the Nike Cross Northwest Regional. She was also a talented track athlete, competing in several events at the state championships. As a sophomore in 2015, Intile was 11th in the 1,500 and was 13th in the 800. She also finished 11th in the 1,500 as a junior and recorded a top-10 finish in the 3,000. As a senior, Intile helped the Tualatin High School 4x400-meter relay team to a state championship berth, where the relay finished sixth overall. Individually, she was sixth in the 1,500 (her best finish in the event at state) and was 11th in the 3,000. Intile recorded her personal bests in both events, running 4:41.16 in the 1,500 and 10:10.63 in the 3,000.

HIGH SCHOOL BESTS: 800-meters: 2:21.24; 1,500-meters: 4:41.16; Mile: 5:09.09; 3,000-meters: 10:10.63.

IN THE CLASSROOM: Intile is currently undecided on a major.

PERSONAL: Katherine Lea Intile was born on October 28, 1998 in Oregon City, Ore., to Joe and Donna Intile. She has one brother, Joseph, and one sister, Kelly. Besides running, Intile enjoys skiing, hiking, backpacking and playing piano.

TRACK PRs

800-m	2:21.24
1,500-m	4:41.16
Mile.....	5:09.09
3,000-m	10:10.63

COLORADO BUFFALOES



BAYLEE JONES

Freshman • HS
Phoenix, Ariz.
(Desert Vista)

HIGH SCHOOL: Jones was a very successful distance runner in high school, earning eight letters in cross country (four) and track and field (four) for Desert Vista High School. DVHS won the AIA Division I State Championships three out of four years (2013, '15 and '16). Jones recorded a second place finish as a freshman in 2013 and was third as a sophomore ('14) and senior ('16). As a junior, Jones was 17th at state. She also ran at Nike Cross Country Southwest Regional Championships, earning a trio of top-30 finishes. Jones was 18th in 2013, 19th in 2014 and 27th in 2016. Her team advanced to Nike Cross Nationals twice, placing fifth in 2014 and sixth in '16. Individually she finished 53rd overall in '14 and in 2016 she was 67th. On the track, Jones continued to excel. She was the 2015 state runner-up in the 1,600 (4:58.88) and 3,200 (10:36.68) and was part of the 4x800-meter relay team which won the state title in 9:01.51. Individually, Jones earned 11 top-10 finishes at state and was part of two 4x800 relays that finished in the top two (2015 and '16). She earned first team all-state track and cross country honors all

four years and was selected the DVHS Female Athlete of the Year following her junior season. Jones was also recruited by Michigan State, Georgetown and Arkansas.

HIGH SCHOOL BESTS: 800-meters: 2:15.17; 1,500-meters: 4:47.06; 1,600-meters, 4:55.78; mile: 4:57.53; 3,000-meters: 9:56.93; 3,200-meters: 10:36.68.

IN THE CLASSROOM: Jones intends to major in business but is also interested in writing, marketing and Spanish.

PERSONAL: Baylee Renee Jones was born on April 12, 1999 in Fort Wayne, Ind. to Darcy and Tana Jones, who both ran at Indiana State. She has one sister, Dani, who is a member of the Colorado cross country and track and field team. Both of her parents ran track and cross country at Indiana State. She enjoys writing and traveling. Jones is fluent in Spanish and has served as a translator for families at community churches in Phoenix

TRACK PRs

800-m	2:15.17
1,500-m	4:47.06
1,600-m	4:55.78
Mile.....	4:57.53
3,000-m	9:56.93
3,200-m	10:36.68

COLORADO BUFFALOES



DANI JONES

Junior • 2L
Phoenix, Ariz.
(Desert Vista)

2016: Jones had an outstanding sophomore season, starting right out of the gate. She was fourth overall (and fourth on the team) for CU at the Rocky Mountain Shootout, finishing in 20:17, the 11th fastest time in course history. Two weeks later at pre-nationals, Jones was third for the Buffs, placing 17th overall. She improved again in her next race, placing third overall (CU's No. 2) at the Pac-12 Championships, helping the Buffs to their second straight team title. Jones was 12th at regionals but had her best race of the season at NCAAs, where she led the team with her 22nd place finish to record her first All-America honor. She also earned All-Pac-12 First Team and All-Mountain Region recognition during the season.

2015: Jones earned a spot on the varsity roster quickly as a true freshman and scored for the Buffs in each of the five races she competed in. She started the season by placing fourth at the Rocky Mountain Shootout. Jones was 62nd overall at NCAA Pre-Nationals and improved to 24th at Pac-12s. Jones earned all-region honors by placing 16th at regionals and finished the season with a 49th place

finish at nationals as the team earned a second place finish.

HIGH SCHOOL: The 2014-15 Arizona Gatorade Girls Cross Country Runner of the Year, Jones won the state cross country championship with a course record time of 17:26, leading her team to its second straight state title. Jones placed third at the 2014 Nike Cross Nationals Final, pacing her team to a fifth-place national finish overall and earning All-American honors in the process. She was also runner-up at the Nike Pre-Nationals, the Woodbridge Classic and the Desert Twilight Festival. In 2013, she won her first state cross country title and was 15th at Nike Cross Nationals, which also earned her All-American honors. Jones has been very successful on the track as well. She owns state records in the 1,600 (4:44), mile (4:39) and 3,200 (10:09) and owns the school 800 record (2:08). Jones won state titles in the 800, 1,600 and 3,200 as a senior, the 1,600 and 3,200 as a junior and during her sophomore year, she was the 800 and 1,600 champion.

HIGH SCHOOL BESTS: 800-meters: 2:08; mile: 4:39; 1,600-meters: 4:44; 3,200-meters: 10:09.

IN THE CLASSROOM: Jones is a psychology and speech, language and hearing sciences double major. She owns a GPA greater than 3.00 and was selected to the Pac-12 All-Academic honorable mention team in 2016.

PERSONAL: Danielle 'Dani' Alex Jones was born on August 21, 1996 in Fort Wayne, Ind. to Darcy and Tana Jones. She has one sister, Baylee, who was the Arizona state runner-up in the 1,600 and 3,200. Both of her parents ran track and cross country at Indiana State. She enjoys hiking and reading.

Results

2016 Fin/CU.... Time
at CSU Invite..... +6 17:36
Rocky Mtn. Shootout..... 4/4 20:17
at Pre-Nationals 17/3 20:31
at Pac-12 Championship .. 3/2 20:25
at NCAA Mtn. Region..... 12/6 20:28
at NCAA Championship 22/1 20:15

2015 Fin/CU.... Time
Rocky Mtn. Shootout..... 4/3 21:16
at Pre-Nationals 62/4 20:55
at Pac-12 Championship .. 24/5 20:39
at NCAA Mtn. Region..... 16/4 21:21
at NCAA Championship 49/4 20:32
+ *Ran Unattached*

HONORS

2016 All-American
2015, 16 All-Region
2016 All-Pac-12 First Team
2016 Pac-12 All-Academic honorable mention

TRACK PRs

800-m 2:04.35 (O)
1,500-m 4:10.74 (O)
Mile 4:38.68 (I)
3,000-m 9:02.22 (I)
5,000-m 16:12.76 (O)

COLORADO BUFFALOES



ANNIE KELLY
Senior • 2L
Alpharetta, Ga.
(Milton/Mississippi)

2016: Kelly only ran twice for CU. She started the season by finishing eighth overall at the Metro State Invitational as CU's No. 4 harrier. Kelly's other race was a 19th place performance at the Bradley Classic where she was again the fourth Buff across the finish.

2015: Redshirt. Did not compete.

2014: Kelly had a great first season for the Buffs, starting with a fourth place overall finish at the Rocky Mountain Shootout (CU's No. 3). In the next meet, NCAA Pre-Nationals, Kelly crossed the finish second for the Buffs, 28th overall. She continued to improve and was CU's third runner at the Pac-12 Championships, finishing 19th. Kelly earned all-region recognition at regionals, placing 16th. She finished the season with a 98th place finish at NCAAs.

AT MISSISSIPPI: Kelly ran one cross country season for Mississippi. She placed 31st at the NCAA South Regional in 20:57 after a 57th-place finish at the SEC Championships.

HIGH SCHOOL: Kelly lettered all four years in cross country and also earned three letters as a member of the track team at MHS. She was named the 2012 Milesplit Georgia Cross Country Runner of the Year. Kelly was the runner-up at the GHSA 6A cross country state championships and was 25th at the Foot Locker south regional. She also helped the Eagles win the 2010, 2011 and 2012 state cross country team championship. On the track, she earned high school All-America honors after finishing eighth in the 5,000 (17:12.74) at the 2013 New Balance Indoor Nationals. Kelly was named USATF Georgia All-State as a junior and senior. She owns or shares eight MHS records in the 1,600 (4:59.10), 3,200 (10:45.11), 5,000 (17:12.74), 4x800, 4x1,600, Distance Medley Relay, the 5k cross country record and the Georgia 19 and under half marathon.

HIGH SCHOOL BESTS: 1,600-meters: 4:59; 3,200-meters: 10:45; 5,000-meters: 17:12.74.

IN THE CLASSROOM: Kelly is a psychology and sociology double major.

PERSONAL: Anne Katherine Kelly was born on November 16, 1994 in Atlanta, Ga. She is the daughter of Andrew and Sue Kelly and has three siblings, Nick, Liz and her twin Ryan. Liz and Nick both swam at Emory College and Nick is a student at CU. Her mother was a professional triathlete and later became a professional marathon runner and qualified for the Olympic Trials. Her father was an ultra-marathoner and professional cyclist and competed in the rodeo. He was also a member of Montana State's rodeo team in college. Kelly would like to pursue a career in professional running. She enjoys singing and has volunteered with Habitat for Humanity.

Results

2016 **Fin/CU.... Time**
at Metro St. Invite 8/4 22:44
at Bradley Classic..... 19/4 21:22

2015 **Fin/CU.... Time**
at CSU Invite..... +22 18:20
Rocky Mtn. Shootout..... +9 21:37
* Redshirt Season

2014 **Fin/CU.... Time**
Rocky Mtn. Shootout..... 4/3 21:11
at NCAA Pre-Nationals 28/2 21:16
at Pac-12 Championship .. 19/3 20:43
at NCAA Mtn Region 12/4 21:30
at NCAA Championship 98/6 21:12

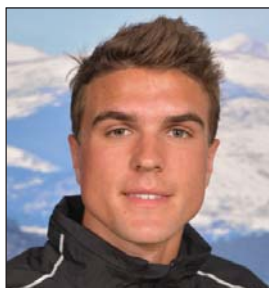
HONORS

2014 All-Region

TRACK PRs

1,500-m 4:32.78 (O)
3,000-m 9:26.97 (I)
5,000-m 16:12.36 (O)
10,000-m 33:39.35 (O)

COLORADO BUFFALOES



JOE KLECKER
Sophomore • 1L
Minnetonka, Minn.
(Hopkins)

2016: Klecker had an outstanding redshirt freshman season, picking up his first All-America and all-region honors. His season started at the CSU Invite where he placed fourth overall. Klecker clocked a second place finish at the Rocky Mountain Shootout, finishing just four seconds behind teammate John Dressel (who was racing unattached). The next race, pre-nationals, saw Klecker placing 24th (CU's No. 2), before earning a 19th place finish at Pac-12s as the Buffs fifth scorer. With his finish, the Buffs were able to capture their sixth straight conference title. He really excelled when the meets moved from 8k to 10k in the postseason. Klecker led the team at regionals, placing third overall. He ended his season 28th at nationals for his first All-America honor.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Klecker captured two individual state championships his senior season and led the Royals to a third-place finish as a team at the Class AA state meet en route to earning the Gatorade Minnesota Boys Track & Field Athlete of the Year. Klecker set a state record in the 1,600-meter run with a time of 4:06.54

and also took first in the 3,200 in 8:57.76. A First Team All-State selection, he earned fourth-place in the mile at the prestigious Adidas Grand Prix, crossing the line in 4:04.13, which ranked as the nation's No. 5 performance among prep competitors in 2015 at the time of his selection. He was named to the USA Today All-America second team. In the fall of 2014, Klecker placed third at the Minnesota State High School Class AA State Cross Country Championships, finishing the course in 15:26.2. He owns HHS records in the 1,600, 3,200 and 5,000 on the cross country course. Minnesota, Furman, Georgetown and Tulsa all recruited Klecker before he chose CU.

HIGH SCHOOL BESTS: 800-meters: 1:56.44; Mile: 4:04.13; 1,600-meters: 4:06.54; 3,200-meters: 8:50.12.

IN THE CLASSROOM: Klecker is a biochemistry major. He has recorded a GPA greater than 3.40 and was named to the 2016 Pac-12 All-Academic honorable mention team.

PERSONAL: Joseph Richard Klecker was born on November 16, 1996 in Minneapolis, Minn. He is the son of Barney and Janis Klecker of Minnetonka, Minn. His father owns the U.S. record for the 50 mile ultramarathon (4:51:25) and his mother competed at the 1992 Summer Olympics (marathon) and won two U.S. marathon national championships. Both ran track and cross country in college. Klecker is one of six children. Three of his siblings run at college: Mary at Augsburg, John at Augustana (S.D.), and Sarah at Minnesota. His two other siblings, Elizabeth and James, are in high school.

Results

2016	Fin/CU....	Time
at CSU Invite.....	4/3	15:00
Rocky Mtn. Shootout.....	2/1	24:42
at Pre-Nationals	24/2	24:28
at Pac-12 Championship ..	19/5	24:56
at NCAA Mtn. Region	3/1	30:53
at NCAA Championship	28/3	30:16

2015	Fin/CU....	Time
at CSU Invite.....	+6	15:02
Rocky Mtn. Shootout.....	+9	25:36
* Redshirt Season		

HONORS

2016 All-American
2016 All-Region
2016 Pac-12 All-Academic honorable mention

TRACK PRs

800-m	1:55.26 (0)
1,500-m	3:41.69 (0)
Mile.....	4:01.72 (I)
3,000-m	7:51.43 (I)
5,000-m	13:42.64 (0)

COLORADO BUFFALOES



ELISSA MANN
Sophomore • VR
Louisville, Colo.
(Monarch)

2016: Did not compete.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Mann has been an important part of the Monarch High school cross country and track and field teams, setting five school records. Mann owns the 400 (57.46) and 800-meter (2:10.39) records and is a part of the 4x400 (3:55.68), 4x800 (9:11.89) and 800 meter sprint medley relay (1:48.21) records. Her cross country team won the Colorado 5A Championship three times (2011, '12, and '13) and in 2013, the team placed fifth at Nike Cross Nationals. The Coyotes placed second at the state meet her senior year (2014), but they won the Front Range League Championship all four seasons (2011-14). On the track, the 4x800 relay was the state runner-up four times (2012-15), which included her sister Karina. Mann earned four letters on the cross country team and four letters on the track team at MHS.

She was a conference all-academic selection for both teams all four years, and a CHSAA Academic All-State First Team selection her sophomore, junior and senior years. Utah and Nebraska-Omaha also recruited Mann.

HIGH SCHOOL BESTS: 400-meters: 57.46; 800-meters: 2:10.39; 1,600-meters: 5:07.12.

IN THE CLASSROOM: Mann is majoring in integrative physiology.

PERSONAL: Elissa Marie Mann was born on February 9, 1997 in Louisville, Colo. She is the daughter of Rick and Viki Mann and has two sisters, Jessie and Karina, her twin, who is also a member of the CU cross country and track and field team. She enjoys snowboarding, rock climbing, hiking and ceramics. Mann has also volunteered at the Ironman Boulder (2014 and '15).

Results

2015 **Fin/CU.... Time**
at CSU Invite..... +41 18:57
Rocky Mtn. Shootout..... +21 22:29
* Redshirt Season

TRACK PRs

400-m 56.67 (0)
800-m 2:05.28 (0)
1,500-m 4:32.86 (I)

COLORADO BUFFALOES



KARINA MANN
Sophomore • VR
Louisville, Colo.
(Monarch)

2016: Mann competed in three races for the Buffs as a redshirt freshman, starting off with a 30th place finish at the Colorado State Invitational. Mann followed that up with a ninth place finish at the Rocky Mountain Shootout before placing 60th overall at the Bradley Classic.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Mann helped the Coyotes to three Colorado State 5A Cross Country Championships (2011-13) and one runner-up finish (2014). MHS won the Front Range League Championship all four of those years. In 2013, the team placed fifth at Nike Cross Nationals. Mann was a part of two MHS record. The 4x400 relay recorded a time of 3:55.68 at the 2015 state meet and the 4x800-relay finished in 9:11.89 for a runner-up finish at state in 2014. On the track, the 4x800 relay was the state runner-up four times (2012-15), which included her sister Elissa. She was a Front Range

All-Conference cross country second team selection in 2013 and in 2012, she earned academic all-conference and all-state honors. Mann was recruited by Boise State, Northern Arizona and Nebraska-Omaha.

HIGH SCHOOL BESTS: 400-meter: 59.53; 800-meters: 2:13.67; 1,600-meters: 5:08.51.

IN THE CLASSROOM: Mann is an ecology and evolutionary biology major. She owns a GPA greater than 3.30 and was named to the 2016 Pac-12 All-Academic honorable mention team.

PERSONAL: Karina Lynn Mann was born on February 9, 1997 in Louisville, Colo. She is the daughter of Rick and Viki Mann and has two sisters, Jessie and Elissa, her twin, who is also a member of the CU cross country and track and field team. She enjoys snowboarding, listening to music, playing with her dog and anything outdoors.

Results

2016 **Fin/CU.... Time**
at CSU Invite.....30/618:55
Rocky Mtn. Shootout.....9/622:31
at Bradley Classic.....60/622:03

2015 **Fin/CU.... Time**
at CSU Invite.....+3318:57
Rocky Mtn. Shootout.....+1922:28
*Redshirt Season

HONORS

2016 Pac-12 All-Academic honorable mention

TRACK PRs

400-m 59.10 (0)
800-m 2:08.88 (0)

COLORADO BUFFALOES



CHRISTIAN MARTIN
Senior • 2L
Littleton, Colo.
(Heritage/Nebraska)

2016: Martin started his junior season with a 10th place finish at the CSU Invite before leading CU at the Bradley Classic with a fourth place finish. That finish earned him a spot on the varsity team where he ran to a 42nd place finish at the Pac-12 Championship. He improved to 37th at regionals before finishing the season with a 192nd place finish at nationals.

2015: Martin saw action in four meets for the Buffs. He made his CU debut at the Colorado State Invitational, placing 17th overall. He improved to 11th at the Rocky Mountain Shootout and then went on to place sixth in the open race at NCAA Pre-Nationals. Martin's final race was at Pac-12s, where he finished 68th overall.

AT NEBRASKA (2013): Martin only ran cross country while at Nebraska as a freshman and competed in four meets. His highest finish of the season was 13th at the Time Young Invitational in Vermillion, S.D. Martin raced to

an 85th place finish at the Big Ten Championships to end the season.

HIGH SCHOOL: Martin earned six letters on the cross country (three) and the track and field teams (three) at Heritage High School. He is the HHS 3,200-meter run record holder (9:36). Individually he was fifth in the 1,600 and was sixth in the 3,200 at the 5A state championships in 2013. Martin was all-state and first team all-league in cross country as a junior and senior. Martin was a member of the HHS team that was the runner-up at the state meet in 2011. That same year, the team won the Continental League Championship and was the 5A Region 2 Champion. The Eagles won the region championship again in 2011.

HIGH SCHOOL BESTS: 1,600-meters: 4:26; 3,200-meters: 9:36; 5,000-meters: 15:50.

IN THE CLASSROOM: Martin is an international affairs major. He owns a GPA greater than 3.50 and is a two-time selection to the Pac-12 All-Academic honorable mention team (2015 and '16).

PERSONAL: Christian Henner Martin was born on November 3, 1994 in Phoenix, Ariz. He is the son of Matt and Monique Martin of Littleton, Colo. His younger sister, Remi, is a defenseman for the Penn State women's ice hockey team. He enjoys traveling and has been to 28 countries. Martin holds dual citizenship with the United States and Germany as his mother is from Germany.

Results

2016 Fin/CU Time
at CSU Invite..... 10/6 15:09
at Bradley Classic..... 4/1 24:27
at Pac-12 Championship .. 42/7 25:28
at NCAA Mtn. Region..... 37/6 31:50
at NCAA Championship 192/6 31:36

2015 Fin/CU Time
at CSU Invite..... 17/4 15:20
Rocky Mtn. Shootout..... 11/7 25:41
at Pre-Nationals +6 24:49
at Pac-12 Championship .. 68/10 25:18
+ *Ran Unattached*

HONORS

2015, 16 Pac-12 All-Academic honorable mention

TRACK PRs

1,500-m 4:04.17 (O)
3,000-m 8:19.04 (I)
5,000-m 14:13.14 (O)
10,000-m 29:43.43 (O)

COLORADO BUFFALOES



LUCY MAY

Senior • 2L
St. Louis, Mo.
(St. Joseph's Academy)

2016: May competed in three meets for the Buffs, starting with a 21st place finish at the Colorado State Invitational. She was seventh at the Metro State Invitational before finishing the season at the Bradley Classic with a 23rd place finish.

2015: May raced four times for the Buffs as a sophomore before serving as the alternate at regionals and NCAAAs. She started the season with a ninth place finish at the CSU Invite before placing fifth at the Rocky Mountain Shootout. At NCAA Pre-Nationals, she was 134th overall. Her final race of the season was Pac-12s where May took 53rd overall.

2014: May ran in three races for the Buffs as a redshirt freshman. She started the season 12th at the Rocky Mountain Shootout and then took 12th overall in the open race at NCAA Pre-Nationals. May finished the campaign 63rd at Pac-12s.

2013: Redshirt. Did not compete.

HIGH SCHOOL: May is the St. Joseph's Academy record holder in the 800 (2:16.99) and 1,600-meter (4:56) runs. During her senior year, May placed second at the state championships in the 1,600 and was an all-state selection in the 1,600 and the 800. She also earned all-conference honors in the 800, 1,600 and 3,200 as a senior. During her sophomore cross country season, the Angels placed third at the state 4A championship.

HIGH SCHOOL BESTS: 800-meters: 2:16.99; 1,600-meters: 4:56.

IN THE CLASSROOM: May is majoring business with an emphasis in finance and has recorded a GPA greater than 3.70. She was named to the Pac-12 All-Academic Second Team in 2014 and '15 and was an honorable mention selection in 2016.

PERSONAL: Lucy Catherine May was born on December 19, 1994 in Louisville, Colo. She is the daughter of Chris and Joanne May and has a brother, Jake, and a sister, Sophia. Her father is the Athletic Director at Saint Louis University and also ran track at Iowa State. May also enjoys playing basketball and soccer.

Results

2016 **Fin/CU.... Time**
at CSU Invite.....21/4.....18:30
at Metro St. Invite7/322:39
at Bradley Classic.....23/5.....21:31

2015 **Fin/CU.... Time**
at CSU Invite.....9/217:49
Rocky Mtn. Shootout.....5/421:20
at Pre-Nationals.....134/721:21
at Pac-12 Championship ..53/8.....21:15
at NCAA Mtn. Region.....Alt.
at NCAA ChampionshipAlt.

2014 **Fin/CU.... Time**
Rocky Mtn. Shootout.....12/6.....21:55
at NCAA Pre-Nationals+1222:32
at Pac-12 Championship ..69/8.....21:43
+ *Ran Unattached*

2013 **Fin/CU.... Time**
Rocky Mtn. Shootout.....+2223:01
* *Redshirt Season*

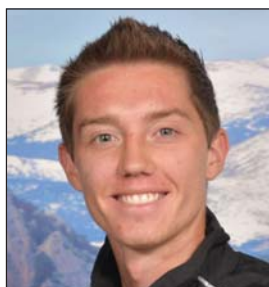
HONORS

2016 Pac-12 All-Academic honorable mention
2014, 15 Pac-12 All-Academic Second Team

TRACK PRs

800-m 2:15.19 (0)
1,500-m 4:30.71 (0)
Mile..... 4:54.19 (1)
Steeplechase 11:41.98 (0)

COLORADO BUFFALOES



PAUL MILLER

Junior • 1L
Fort Collins, Colo.
(Poudre)

2016: Miller raced three times for the Buffs as a sophomore. His first meet, the Colorado State Invitational, saw him placing 18th overall. Miller improved to 12th overall at the Rocky Mountain Shootout before running to a 10th place finish at the Bradley Classic.

2015: Miller finished fifth at the USA Junior Cross Country Championships in February in 25:53, which earned him a trip to the IAAF World Junior Cross Country Championships in China. There he placed 74th overall. During the fall season, Miller earned a spot on the varsity roster. He was 13th at the Colorado State Invitational and the Rocky Mountain Shootout to start the season. At NCAA Pre-Nationals, he placed 18th in the open race. Miller finished the season at Pac-12s, placing 53rd overall.

2014: Redshirt. Did not compete.

HIGH SCHOOL: Miller is the PHS 3,200-meter record holder (9:26), which he set at the Liberty Bell Invitational in April of 2014. He is also a member of the PHS school record 4x800-meter relay team, which ran 8:01. The Impalas won the 2014 Front Range League Track & Field Championship during Miller's senior year and he was named all-state second team and all-conference that year. During Miller's junior year, he was also named all-conference, as well as the FRL Athlete of the Year. Miller received Academic all-state honors his sophomore, junior and senior years.

HIGH SCHOOL BESTS: 1,600-meters: 4:22; 3,200-meters: 9:26.

IN THE CLASSROOM: Miller is a double major in neuroscience and ecology and evolutionary biology. He has recorded a GPA greater than 3.60, which has earned him a spot on the Pac-12 All-Academic Second Team twice (2015 and '16).

PERSONAL: Paul A. Miller was born on July 18, 1996 in Fort Collins, Colo. He is the son of Paul and Tamara Miller and has two older brothers, Iain and Robert. Miller enjoys salsa dancing, scuba diving and sunrise hikes.

Results

2016 **Fin/CU.... Time**
 at CSU Invite..... 18/7 15:18
 Rocky Mtn. Shootout..... 12/6 26:17
 at Bradley Classic..... 10/3 24:41

2015 **Fin/CU.... Time**
 at CSU Invite..... 13/3 15:15
 Rocky Mtn. Shootout..... 13/8 26:05
 at Pre-Nationals +18 25:04
 at Pac-12 Championship .. 53/9 24:51
+ Ran Unattached

2014 **Fin/CU.... Time**
 Rocky Mtn. Shootout..... +24 26:20
** Redshirt Season*

HONORS

2015, 16 Pac-12 All-Academic Second Team

TRACK PRs

3,000-m 8:15.68 (0)
 5,000-m 14:31.79 (0)

COLORADO BUFFALOES



MAKENA MORLEY

Junior • 1L
Big Fork, Mont.
(Big Fork/Montana)

2016: Morley was a welcomed addition to CU as a sophomore and had a great season which included All-Pac-12 Second Team and All-Mountain Region honors. Morley's first uniformed race for CU was the Rocky Mountain Shootout. There she placed third overall, finishing with the eighth fastest time (20:11) in course history. Morley went on to take 26th at pre-nationals, finishing as CU's No. 4 runner. She helped CU win its second straight Pac-12 team title as the Buffs' No. 4 harrier, finishing ninth overall. Morley led CU at regionals, placing fourth overall and helping the Buffs to the team title. She just missed All-America honors at nationals, placing 43rd overall (CU's No. 6) as CU took third overall.

AT MONTANA: Morley ran one cross country season at Montana. She led the Grizzlies in her first meet, finished first at the UM Invite in 16:43. Morley's following meet was NCAA Pre-Nationals, where she placed 39th (20:40). In just the third race of her collegiate career, Morley came away with the Big Sky Championship, winning in 17:45. She went on to race at the NCAA Mountain Region Championship, taking eighth overall to qualify for NCAAs as an individual. Morley ended the season at nationals with a 97th place finish (20:49).

HIGH SCHOOL: Morley won several state championships spanning her high school career. As a senior, she won the 3,200-meter run (10:37.76) and she was also a member of the 4x400-meter relay team (4:01.71) with her younger sister, Bryn. Morley was also second in the 800 (2:16.70) and 1,600 (5:01.69) as well in 2014. During her junior year, she won the 800 (2:12.62), 1,600 (4:53.83) and 3,200 (10:58.85). Morley earned All-American distinction twice on the track. She placed fifth in the two-mile run at New Balance Indoor nationals and was second in the two-mile at New Balance Outdoor nationals in 2014. On the cross country course, Morley was a four-time state champion. She ran at the Foot Locker National Championship four years, placing third as a senior. Morley also represented Team USA in January, 2015, and won the Great Buppa Cross Country Championships in Scotland. She was a three-time All-American, earning first team honors in 2014 and second team recognition in 2011 and 13. Morley was also recruited by Utah, Boise State, Iowa State, Stanford and Northern Arizona.

HIGH SCHOOL BESTS: 800-meters: 2:12.62; 1,600-meters: 4:50.19; 3,200-meters: 10:16.38.

IN THE CLASSROOM: Morley is an anthropology major and owns a GPA greater than 3.40.

PERSONAL: Makena Marie Morley was born on November 21, 1996 in Maui, Hawai'i. She is the daughter of Steve and Jill Morley and has two siblings, Logan and Bryn. She enjoys snowboarding, kayaking, cross country skiing, hiking, swimming, biking and reading.

Results

2016	Fin/CU....	Time
at CSU Invite.....	+8	17:37
Rocky Mtn. Shootout.....	3/3	20:11
at Pre-Nationals	26/4	20:44
at Pac-12 Championship	9/4	20:43
at NCAA Mtn. Region.....	4/1	20:20
at NCAA Championship	43/6	20:28
+ <i>Ran Unattached</i>		

HONORS

2016 All-Region
2016 All-Pac-12 Second Team
2016 USTFCCA All-Academic

TRACK PRs

1,500-m	4:24.14 (0)
Mile.....	4:50.75 (I)
3,000-m	9:27.45 (I)
5,000-m	15:58.07 (I)
10,000-m	33:29.22 (0)

COLORADO BUFFALOES



GUS NEWCOMB

Freshman • HS
Middleton, Wis.
(Middleton)

HIGH SCHOOL: Newcomb was an outstanding athlete at Middleton High School, helping the cross country team to four consecutive conference championships and four straight berths to the state championship. MHS placed second at state his junior year. Individually, Newcomb recorded a pair of fifth place finishes at state as a junior and senior. He also won two straight conference titles those same years after a third place finish his sophomore season. During his senior season, he ran a school record 15:18.9 at the Verona Invitational. A four-time MVP, Newcomb earned four letters as a member of the cross country team. On the track, he earned four more letters and helped MHS to a runner-up team finish at state in 2016. Newcomb set the MHS 3,200 record (9:16.12) in 2015 before it was broken in 2016. As a senior, he placed fifth in the 3,200 and was seventh in the 1,600-meter run at the state championships. At state as a junior, he was third in the 1,600 (4:13.08) and fourth in the 3,200 (9:12.54); running both events in PR time. Newcomb was an eight-time all-conference honoree in

track and cross country and was a five-time all-time selection, three for track and two for cross country. He was also recruited by Wisconsin, North Carolina, Illinois and Iowa State.

HIGH SCHOOL BESTS: 1,600-meters: 4:13.08; 3,200-meters: 9:12.54.

IN THE CLASSROOM: Newcomb intends to major in integrative physiology.

PERSONAL: Gus Walter Newcomb was born on August 24, 1998 in Madison, Wis. He is the son of Brent, who played ice hockey at Gustavus Adolfus College, and Rachel Newcomb of Middleton, Wis. And has two younger sisters, Gretchen and Sadie. Newcomb started his athletic career playing hockey, but stopped playing competitively in eighth grade. In his free time, he enjoys reading and has started competing in triathlons. He was seventh at the USA Triathlon Junior Elite Nationals in 2015 and '16.

TRACK PRs

1,600-m	4:13.08
3,200-m	9:12.54

COLORADO BUFFALOES



MELANIE NUN

Senior • 3L
Broomfield, Colo.
(Legacy)

2016: Nun continued to be an important piece of CU's success as a junior. She started the season by finishing 25th at the Colorado State Invite, but improved to sixth at the Rocky Mountain Shootout. Nun placed 76th at pre-nationals and just missed scoring for the Buffs at the Pac-12 Championships with a 17th place finish as CU's No. 7 runner. Her final race of the season was regionals, where she recorded all-region honors with a 21st place finish. Although Nun did not race at nationals, she was there as CU's alternate.

2015: Nun came back to the Buffs and had a strong showing after redshirting the 2014 season. At NCAA Pre-Nationals, she was 67th overall. She had her best race of the season at Pac-12s, finishing seventh overall for first team all-conference honors. She was also named all-region after placing 23rd at regionals. Nun wrapped up the season at NCAA with a 65th place finish, helping CU take second in the team competition.

2014: Redshirt. Did not compete.

2013: Nun had a breakout freshman season, earning a spot on the varsity roster early in the season. She raced unattached at the Rocky Mountain Shootout,

placing eighth. Her first race in uniform was NCAA Pre-Nationals and she finished 57th overall as CU's No. 4 runner. Nun was CU's fourth scorer at the Pac-12 Championships as well, coming in 14th overall to earn All-Pac-12 Second Team honors, and helped the Buffs claim second in the team title. At regionals, she was sixth overall, again the fourth runner for the Buffs, helping CU win the regional crown. Nun finished her freshman season at NAAs as the third scorer for CU, crossing the line 68th overall, while helping CU to a seventh-place team finish.

HIGH SCHOOL: Nun finished fifth overall at the 2012 Colorado State 5A Cross Country Championships, improving from a 12th-place finish as a junior. She placed 10th at Foot Locker Midwest Regional Championships to earn a spot at the Foot Locker Nationals where she finished 35th overall. Nun won the 5A Region 3 Championship in 2012 and the 5A Region 4 Championship in 2011. She owns school records in the 800 (2:17), 1,600 (5:08), 3,200 (10:57), the 4x800-relay (9:47) and in the 5k cross country course (17:35). In 2013, Nun placed fourth in the 3,200 and was eighth in the 1,600 at the state championships. She was named the LHS Athlete of the Year as a senior and was a finalist for the Boettcher Scholarship.

HIGH SCHOOL BESTS: 800-meters: 2:17; 1,600-meters: 5:08; 3,200-meters: 10:57; 4x800-relay: 9:47.

IN THE CLASSROOM: Nun is majoring in mathematics and economics and has recorded a GPA greater than 3.70. She was named to the Pac-12 All-Academic team twice.

PERSONAL: Melanie Lyn Nun was born on November 21, 1994 in Westminster, Colo. She is the daughter of Thomas and Sheila Nun of Thornton, Colo. and has three siblings, Zach, Dylan and Ryan. Nun enjoys soccer and yoga and has been a volunteer track coach for young kids.

Results

2016	Fin/CU	Time
at CSU Invite.....	25/5	18:37
Rocky Mtn. Shootout.....	6/5	21:23
at Pre-Nationals.....	76/7	21:16
at Pac-12 Championship ..	17/7	21:05
at NCAA Mtn. Region.....	21/7	20:51
at NCAA Championship	Alt.	

2015	Fin/CU	Time
at CSU Invite.....	11/4	17:58
at Metro St. Invite	+3	22:09
at Pre-Nationals	67/5	20:57
at Pac-12 Championship ..	7/3	20:12
at NCAA Mtn. Region.....	23/5	21:36
at NCAA Championship	65/5	20:38

2013	Fin/CU	Time
Rocky Mtn. Shootout.....	+8	21:56
at Pre-Nationals.....	57/4	21:07
at Pac-12 Championship ..	14/4	22:09
at NCAA Mtn Region.....	6/4	20:45
at NCAA Championship	68/3	21:04
+ Ran Unattached		

HONORS

2013, 15 All-Mountain Region
2015 All-Pac-12 First Team
2013 All-Pac-12 Second Team
2016 Pac-12 All-Academic Second Team
2015 Pac-12 All-Academic First Team
2013, 15 USTFCCA All-Academic

TRACK PRs

1,500-m	4:23.48 (O)
1 Mile.....	4:49.69 (I)
3,000-m	9:24.26 (I)
5,000-m	16:13.52 (O)
10,000-m	33:46.49 (O)
Steeplechase.....	10:18.86 (O)

COLORADO BUFFALOES



ZACH PERRIN

Senior • 3L
Kalispell, Mont.
(Flathead)

2016: Perrin had a strong start to his junior campaign, finishing third at both the Colorado State Invitational and Rocky Mountain Shootout. At pre-nationals, Perrin placed 30th overall, coming in fifth for the Buffs. His best finish of the season was at Pac-12s where he was fourth overall (CU's No. 2) and earned All-Pac-12 First Team honors while helping the Buffs win their sixth straight Pac-12 title. He again earned all-region recognition after placing 16th at regionals before finishing 125th at nationals.

2015: Perrin won the Colorado State Invitational to start the season and then placed fourth at the Rocky Mountain Shootout. He was 68th for the Buffs at NCAA Pre-Nationals before improving to 38th at Pac-12s. Perrin recorded all-region honors with an 18th place finish. He ended the season with a 195th place finish at NCAA's.

2014: Redshirt. Did not compete.

2013: Perrin quickly earned a position on the varsity roster as a true freshman, running fifth

overall (unattached) at the Rocky Mountain Shootout. His first varsity race in uniform for the Buffs was NCAA Pre-Nationals where he finished 114th overall. Perrin's next race was Pac-12 Championships, where he helped CU claim its third straight team title. Perrin placed 37th overall as CU's No. 8 runner. He served as the alternate at regionals, but was back in action at NAAs where he took 107th (CU's No. 6 scorer), helping CU win the team championship.

HIGH SCHOOL: Perrin won four Montana State High School Championships. He won the 2012 cross country championship after a runner-up finish his junior year. Perrin raced in the Foot Locker West Regional and took eighth overall before placing 10th at the Foot Locker Nationals in 2012. On the track, Perrin brought home three state championships in the 1,600 and 3,200-meter runs. He won the 1,600 and 3,200 as a senior and the 3,200 as a freshman. During his sophomore season, Perrin was second in both the 1,600 and 3,200. He also ran the best time by a Montana high school runner in 2012 in the 3,200 at the Arcadia Invite (8:55). Perrin earned a top-20 national cross country ranking in 2012.

HIGH SCHOOL BESTS: 800-meters: 1:54; 1,600-meters: 4:09; 3,200-meters: 8:55.

IN THE CLASSROOM: Perrin is majoring in environmental studies and geography.

PERSONAL: Zachary Michael Perrin was born on January 25, 1995 in San Diego, Calif. He is the son of Mike and Lisa Perrin of Lakeside, Mont. He also has three siblings, Jake, Ben and Hannah. Perrin enjoys playing the guitar, rock-climbing and kayaking.

Results

2016	Fin/CU	Time
at CSU Invite.....	3/2	15:00
Rocky Mtn. Shootout.....	3/2	24:56
at Pre-Nationals.....	30/5	24:34
at Pac-12 Championship ..	4/2	24:18
at NCAA Mtn. Region.....	16/3	31:17
at NCAA Championship ..	125/5	31:05

2015	Fin/CU	Time
at CSU Invite.....	1/1	14:43
Rocky Mtn. Shootout.....	4/4	24:53
at Pre-Nationals	68/7	24:08
at Pac-12 Championship ..	38/7	24:21
at NCAA Mtn. Region.....	18/4	30:29
at NCAA Championship ..	195/7	31:57

2014	Fin/CU	Time
Rocky Mtn. Shootout.....	+14	25:48
*Redshirt Season		

2013	Fin/CU	Time
Rocky Mtn. Shootout.....	+5	25:52
at Pre-Nationals	114/7	24:43
at Pac-12 Championship ..	37/8	26:16
at NCAA Mtn Region.....	Alt.	
at NCAA Championship ..	107/6	31:24
+ Ran Unattached		

HONORS

2015 All-Region

TRACK PRs

800-m	1:49.85 (0)
1,500-m	3:43.00 (0)
1 Mile.....	3:59.00 (1)
3,000-m	7:55.68 (1)
5,000-m	13:46.09 (0)
Steeplechase.....	9:06.39 (0)

COLORADO BUFFALOES



ADAM PETERMAN

Senior • 1L
Missoula, Mont.
(Hellgate)

2016: Peterman competed three times for the Buffs as a junior. He started off by recording a fifth place finish at the Colorado State Invitational and followed it up with an eighth place run at the Rocky Mountain Shootout. Peterman finished his campaign at NCAA Pre-Nationals, placing 67th overall.

2015: Did not compete.

2014: Peterman made the varsity roster as a redshirt freshman. Although he didn't score for the Buffs, he had a very successful season. Peterman started the year with a 17th place finish at the Rocky Mountain Shootout. He was 79th at pre-nationals and moved up to 28th at the Pac-12 Championships, helping the Buffs win their fourth straight team title. Peterman took 64th at regionals and placed 202nd at NCAAs as the Buffs won their second straight NCAA Championship.

2013: Redshirt. Did not compete.

HIGH SCHOOL: Peterman placed second to current CU teammate Zach Perrin at the 2012 Montana State High School Cross Country Championship. After the state championship, he placed second at the Nike Cross National Northwest Regional before running to a 23rd-place finish at the Foot Locker West Regional. Peterman placed third at the state cross country championship his junior and sophomore seasons. At the state track and field championship, Peterman won the 3,200-meter run with an all-class record of 9:12, which also doubles as the HHS record. He also earned a pair of fourth-place finishes in the 1,600 and 3,200 as a junior. In 2011, he took fourth in the 3,200 and fifth in the 1,600. Peterman earned a top-20 national cross country ranking in 2012.

HIGH SCHOOL BESTS: 800-meters: 1:58; 1,600-meters: 4:17; 3,200-meters: 8:57.

IN THE CLASSROOM: Peterman is majoring in environmental studies and geology and owns a GPA greater than 3.70. He was selected to the Pac-12 All-Academic Second Team in 2014 and in 2016, he earned first team honors.

PERSONAL: Adam Walser Peterman was born on August 11, 1995 in Missoula, Mont. He is the son of Larry Peterman and Lisa Walser. He also has an older sister, Kila. Peterman enjoys mountain biking and has volunteered for Run Wild Missoula and the Missoula Marathon.

Results

2016 **Fin/CU**.... **Time**
 at CSU Invite..... 5/4 15:00
 Rocky Mtn. Shootout..... 8/4 25:37
 at Pre-Nationals 67/7 25:03

2014 **Fin/CU**.... **Time**
 Rocky Mtn. Shootout..... 17/7 26:02
 at Pre-Nationals 79/7 25:21
 at Pac-12 Championship .. 28/7 24:21
 at NCAA Mtn Region..... 64/6 31:55
 at NCAA Championship 202/7 32:37

2013 **Fin/CU**.... **Time**
 Rocky Mtn. Shootout..... +18 26:53
 *Redshirt Season

HONORS

2016 Pac-12 All-Academic First Team
 2014 Pac-12 All-Academic Second Team

TRACK PRs

1,500-m 3:47.22 (0)
 Mile..... 4:23.19 (I)
 3,000-m 8:14.33 (I)
 Steeplechase 8:43.19 (0)

COLORADO BUFFALOES



NATHAN PIXLER
Freshman • RS
Sammamish, Wash.
(Eastlake)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Pixler is the Eastlake High School 800-meter record holder, clocking in at 1:51.87. He was also a member of the 4x400-meter relay team that set the EHS record at 3:18.68. His main event in high school was the 800. Pixler won seven of his nine races on the track as a senior, including the conference and district title. He was second in the prelims at the state meet and ended up fourth overall. As a junior in 2015, he won six titles, again winning the conference and district meets, before placing third at the state championship. Pixler also did well in the 1,600 that season, winning the conference and district crown en route to a sixth place finish at state. On the cross country course, Pixler was the 2015 state runner-up after winning the 51st 3A/4A KingCo League and the 3A SeaKing & 4A Bi-District I/II Championships.

HIGH SCHOOL BESTS: 800-meter: 1:51.87; 1,600-meters: 4:15.72; Mile: 4:21.09; 3,200-meters: 9:13.38.

IN THE CLASSROOM: Pixler is majoring in history. After two semesters, he owns a GPA greater than 3.80.

PERSONAL: Nathan Elias Pixler was born on August 18, 1997 in Seattle, Wash. He is the son of Jeff and Nancy Pixler of Sammamish, Wash., who both ran track at Colorado. All three of his older sisters competed in collegiate athletics. Jessica Tebo was a 12-time Division II National Champion before running one season at Colorado while pursuing her master's degree and his brother-in-law, Matt Tebo, was a standout on the CU cross country and track team. Melissa Shoemaker, played basketball at Pacific Lutheran and Courtney Buchkoski was a soccer player at Alabama. He enjoys running, listening to music, reading, hiking and studying languages.

Results

2016 **Fin/CU**.... **Time**
Rocky Mtn. Shootout..... +4627:51

TRACK PRs

800-m..... 1:51.87
Mile..... 4:21.09

COLORADO BUFFALOES



JOSH RAMOS
Freshman • HS
Dolores, Colo.
(Montezuma-Cortez)

HIGH SCHOOL: Ramos competed in both cross country and track and field for Montezuma Cortez High School. On the track, he excelled in the 800. He ran a personal best at the CHSAA 3A State Championships en route to a runner-up finish in the 800-meter run (1:55.62), also setting a school record. Ramos also qualified for the state finals in the 400, finishing 10th overall with another PR (50.91). On the cross country course, he earned his best finish at state as a senior, placing 41st overall.

HIGH SCHOOL BESTS: 400-meters: 50.79; 800-meters: 1:55.62.

IN THE CLASSROOM: Ramos intends to major in engineering.

PERSONAL: Joshua Dallas Ramos was born on January 14, 1999 to Joe and Jennie Ramos in Lubbock, Texas. He has one sister, Jordan, and one brother, Justice, a member of the CU cross country and track and field team

TRACK PRs

400-m	50.79
800-m	1:55.62

COLORADO BUFFALOES



JUSTICE RAMOS

Junior • VR
Dolores, Colo.
(Montezuma-Cortez)

2016: Ramos raced three times for CU during his redshirt freshman campaign. He was 44th at the Colorado State Invitational before improving to 28th at the Rocky Mountain Shootout. Ramos ended the season with a 143rd place finish at the Bradley Classic.

2015: Redshirt. Did not compete.

HIGH SCHOOL: A multi-sport athlete, Ramos lettered in cross country, track and field, football and wrestling at Montezuma-Cortez High School. He raced his personal bests in the 400 (49.67) and 800 (1:55.74) at the 2015 Colorado 4A State Championship and earned all-conference distinctions in both. Ramos was named the MCHS Sprinter of the Year as a sophomore and in his junior season, he garnered the MCHS Distance Runner of the Year. Ramos qualified for the state wrestling meet three times.

HIGH SCHOOL BESTS: 400-meters: 49.67; 800-meters: 1:55.74.

IN THE CLASSROOM: Ramos is an environmental design major with a GPA greater than 3.00. He was named to the Pac-12 All-Academic honorable mention team in 2016.

PERSONAL: Justice Thomas Ramos was born on November 2, 1996 to Joe and Jennie Romas in Lubbock, Texas. He has one sister, Jordan, and one brother, Josh. He has worked with his mom's first grade class helping the students with reading and math.

Results

2016	Fin/CU....	Time
at CSU Invite.....	44/11	15:41
Rocky Mtn. Shootout.....	28/9	27:08
at Bradley Classic.....	143/5	26:26

HONORS

2016 Pac-12 All-Academic honorable mention

TRACK PRs

400-m	49.67
800-m	1:51.23 (0)

COLORADO BUFFALOES



ABIGAIL REGNER
Sophomore • VR
Basking Ridge, N.J.
(Ridge)

2016: Regner raced twice for the Buffs as a redshirt freshman. She earned a 22nd place finish at the Metro State Invitational and was 198th at the Bradley Classic.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Regner is a part of five RHS track and field records. Individually, she owns the indoor 800 (2:16) and the outdoor 800 (2:14). Regner is also part of the indoor 4x800-meter relay (9:13), outdoor 4x800-relay (9:09) and the outdoor distance medley relay (10:12) where she ran the 1,200-meter leg. Regner earned three letters on the cross country team and three on the track and field team at RHS. The Red Devils won the NJSIAA Indoor Track and Field North II Group IV State Section in 2014 and '15 and they won the cross country (2014) and outdoor section (2015) as well. She was on the 4x800-relay that won the 2015 NJSIAA Meet of Champions.

Regner was an All-Skyland Conference track and field selection in the 800 and 1,600, as well as all-state for the 4x800 her senior year. She earned all-conference honors in cross country and the 800 and was also named All-Somerset County First Team for the indoor and outdoor 800 as a junior.

HIGH SCHOOL BESTS: 800-meters: 2:14; 1,600-meters: 5:02.

IN THE CLASSROOM: Regner is an art practices major with a GPA greater than 3.00.

PERSONAL: Abigail Catherine Regner was born on February 9, 1997 in Basking Ridge, N.J. She is the daughter of Randolph, who played soccer at Denison University, and Carol Regner and has three siblings, Randy, Charles and Meredith. Her grandfather, William Regner, ran track and field at Ohio State University. Regner loves art, rock climbing, skiing, hiking and running.

Results

2016 **Fin/CU.... Time**
at Metro St. Invite 22/8 24:12
at Bradley Classic..... 198/8 23:39

2015 **Fin/CU.... Time**
at CSU Invite..... +84 20:26
Rocky Mtn. Shootout..... +58 24:11
* Redshirt Season

TRACK PRs

800-m 2:14
1,500-m 4:30.09 (0)

COLORADO BUFFALOES



PHILLIP ROCHA

Freshman • RS
Azusa, Calif.
(Arcadio)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Rocha had an outstanding senior cross country season, winning 10 of his 11 high school races, as well as placing second at Foot Locker Nationals. A two-time state cross country champion, he also finished 11th at the Nike Cross Championships as a junior. As a sophomore, Rocha placed fifth at state after earning a 10th place finish his freshman year. He was also successful on the track. At the state championships in 2015, Rocha placed second in the 3,200-meter run at the state championship after winning the Pacific League Finals; he also won the 1,600 Pacific League title.

HIGH SCHOOL BESTS: 800-meter: 1:54.65; 1,600-meters: 4:11.56; Mile: 4:14.49; 3,200-meters: 8:59.42.

IN THE CLASSROOM: Rocha is undecided on his major.

PERSONAL: Phillip Rocha was born on May 21, 1998 in Azusa, Calif. He is the son of Phillip and Sarah Rocha and has two older sisters.

Results

2016 Fin/CU.... Time
at CSU Invite..... +26 15:25
* Redshirt Season

TRACK PRs

800-m 1:54.65
1,500-m 4:02.27 (0)
Mile 4:13.79 (I)
3,000-m 8:16.09 (0)
Steeplechase 9:08.04 (0)

COLORADO BUFFALOES



TABOR SCHOLL
Sophomore • 1L
Kremmling, Colo.

2016: Scholl earned a spot on CU's varsity roster as a freshman after running her first two races unattached. Her first race in uniform was NCAA Pre-Nationals where she was 46th overall. Scholl improved to 26th overall at Pac-12s where the Buffs won the team championship. She kept improving and at regionals was 10th overall (CU's No. 5), earning her first all-region honor. Scholl just barely missed All-America honors at nationals, placing 42nd overall. She was the Buffs fifth runner to finish, helping CU to a third place team finish.

HIGH SCHOOL: Scholl won the 2014 Colorado 2A State Cross Country Championship in 19:59.7 after winning the region championship in 19:05.00. During her senior year, she ran at the CU Time Trial, placing fifth overall (22:27.1) behind four Buffs. She also won the state 3A championship as a freshman (18:37.6) and placed second her sophomore season (20:07.6).

Scholl had success on the track and owns three WGHS records. She clocked 2:11 in the 800, 4:49 in the 1,600 and 11:09 in the 3,200. Scholl won the 800 and 1,600 state titles as a freshman and repeated as the 1,600 champion as a sophomore and also placed second in the 800. As a junior, she was the runner-up in both events. During her senior year, Scholl won the Simplot Games mile in 4:56. Utah, Boise State, Montana State, California and Montana also recruited Scholl.

HIGH SCHOOL BESTS: 800-meters: 2:11; 1,600-meters: 4:49; 3,200-meters: 11:09; 5,000-meters: 17:32.96; 2,000-meter steeplechase: 7:20.

IN THE CLASSROOM: Scholl is a communication major with a GPA greater than 3.00.

PERSONAL: Tabor Alex Scholl was born on February 4, 1997 in Steamboat Springs, Colo. She is the daughter of Shawn and Stephanie Scholl of Kremmling, Colo. She has one brother, Tyler. She enjoys cycling, rowing, Nordic skiing, ranching and baking.

Results

2016	Fin/CU	Time
at CSU Invite.....	+15	18:14
at Metro St. Invite	+2	21:26
at Pre-Nationals	46/6	20:59
at Pac-12 Championship ..	26/8	21:23
at NCAA Mtn. Region.....	10/5	20:27
at NCAA Championship	42/5	20:25
+ Ran Unattached		

HONORS

2016 All-Region

TRACK PRs

800-m	2:11
1,500-m	4:27.91 (0)
Mile	4:39.84 (I)
5,000-m	17:32.96
3,000-m steeplechase.....	10:33.31 (0)

COLORADO BUFFALOES



BRIANNA SCHWARTZ
Sophomore • VR
Pittsburgh, Pa.
(Shaler Area)

2016: Schwartz raced twice for the Buffs as a redshirt freshman. She was 10th at the Metro State Invite and ran to a 62nd place finish at the Bradley Classic.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Schwartz won several state championships at Shaler Area High School. As a senior, she was the state cross country champion. Schwartz was the indoor mile and outdoor 1,600-meter state champion her junior year after placing fifth at the cross country championship. She placed sixth at Foot Locker Nationals that same year. Her sophomore season saw Schwartz placing third at the state cross country meet as well as winning the 1,600. She is the Pennsylvania state high school mile record holder (4:42) and ran the second fastest time (17:38) at the state cross country meet. Schwartz owns district track records in the 800 (2:10), 1,600 (4:45), 3,200 (10:10)

and on the cross country course, her mark of 17:25 is the record. Villanova, Notre Dame, Syracuse and Virginia also recruited Schwartz.

HIGH SCHOOL BESTS: 800-meters: 2:10; mile: 4:42; 1,600-meters: 4:45; 3,200-meters: 10:10.

IN THE CLASSROOM: Schwartz is a journalism major and has a GPA greater than 3.90.

PERSONAL: Brianna Marie Schwartz was born on July 9, 1997 in Pittsburgh, Pa. She is the daughter of Joseph and Paulette Schwartz and has three siblings, Joseph, Alexis and Jocelyn. She enjoys biking and played basketball until 10th grade. She also volunteered as a Sunday school teacher.

Results

2016	Fin/CU....	Time
at Metro St. Invite	10/6	23:04
at Bradley Classic	62/7	22:03

TRACK PRs

800-m	2:10
1,500-m	4:37.63 (0)
Mile	4:42
3,000-m	10:23.88 (0)

COLORADO BUFFALOES



CAYLA SELIGMAN
Sophomore • 1L
Issaquah, Wash.
(Issaquah)

2016: Seligman ran in a pair of meets for CU as a redshirt freshman. She was 14th overall at the Metro State Invite and placed fourth at the Bradley Classic.

2015: Redshirt. Did not compete.

HIGH SCHOOL: Seligman owns multiple records at IHS. She is the junior class 1,600 (4:59.74) and 3,200-meter record holder (10:43.83), as well as the senior class record holder in the same events (1,600/5:03.23; 3,200/10:46.08). Seligman ran the 5k cross country record of 18:07. In 2014, the Eagles were the 4A KingCo Conference and 4A BiDistrict I/II Cross Country Champions. During the 2015 track and field season, IHS won the 4A state championship after winning the 4A KingCo Conference and 4A BiDistrict I/II meets. Seligman served as the cross country team captain her senior year and was named to the All-KingCo and All-BiDistrict first teams,

as well as an all-state medalist. On the track, she was the 3,200-meter KingCo champion and a state medalist. Seligman was named the track and field team's most improved athlete as a junior after winning the 3,200 KingCo title and also earned state medalist honors. She was also recruited by Northern Arizona and Portland.

HIGH SCHOOL BESTS: 1,600-meters: 4:59.74; 3,200-meters: 10:43.43.

IN THE CLASSROOM: Seligman is majoring in business with an emphasis in marketing. She has a GPA greater than 3.30.

PERSONAL: Cayla Esther Seligman was born on August 22, 1997 in Issaquah, Wash. She is the daughter of David and Heidi Seligman and has one brother, Jeffrey. Her father ran cross country and track at Willamette. She enjoys hiking and cooking.

Results

2016 **Fin/CU** **Time**
at Metro St. Invite 14/7 23:30
at Bradley Classic 4/2 20:57

2015 **Fin/CU** **Time**
at CSU Invite +17 18:13
+ *Ran Unattached*

TRACK PRs

800-m 2:15.98 (I)
Mile 4:55.43 (I)
3,000-m 9:22.31 (I)
5,000-m 16:16.78 (O)
10,000-m 35:06.45 (O)

COLORADO BUFFALOES



PAXTON SMITH

Freshman • RS
Highlands Ranch, Colo.
(Mountain Vista)

2016: Redshirt. Did not compete.

HIGH SCHOOL: Smith earned four letters in cross country and four in track at Mountain Vista High School. As a senior, he earned a pair of top five finishes at the Colorado High School Athletic Association 5A State Championships. He was third in the 3,200, finishing in 9:30.50, and placed fourth in the 1,600 with a time of 4:22.29. Smith also placed eighth in the 3,200-meter run at state as a junior after earning a third place finish at the Continental League Championships. On the cross country course, Smith won the 2015 5A Region Championship and followed that up with a fifth place finish at the state meet. That same year, he also placed 23th at the Nike Cross Southwest Regionals and went on to take 71st at Nike Cross Nationals.

HIGH SCHOOL BESTS: 1,600-meters: 4:22.29; Mile: 4:25.82; 3,200-meters: 9:17.94.

IN THE CLASSROOM: Smith is a pre-business major and has earned a 3.75 GPA.

PERSONAL: Paxton Fowler Smith was born on February 13, 1998, in Denver, Colo. He is the son of Steven and Karen Smith of Highlands Ranch, Colo., and has one younger brother, Alex.

Results

2016Fin/CU.... Time
at CSU Invite.....+31 15:30
Rocky Mtn. Shootout.....+3727:31
+ Ran Unattached

TRACK PRs

1,500-m 4:06.54 (0)
Mile.....4:25.82
3,000-m 8:54.88 (1)

COLORADO BUFFALOES



MARK TEDDER

Senior • TR

Battle Ground, Wash.
(Battle Ground/Cornell)

AT CORNELL: Tedder competed three seasons in cross country at Cornell, missing his sophomore season (2014) due to injury. He ran all three seasons at the Ivy League Championships, twice finishing 44th overall. Tedder also competed at the NCAA Northeast Region Championship on two occasions. He was 74th as a freshman and in 2016, Tedder improved to 70th. On the track, Tedder won the 2017 Ivy League Outdoor 10,000-meter Championship, finishing in 31:55.17. He advanced to the NCAA East Preliminary Championship in the 5,000 and placed 36th overall. As a junior, Tedder recorded a fourth-place finish in the 5k at the Ivy League outdoor meet before placing 37th at prelims. During the indoor season, he finished fourth in the mile at conference and helped the 4x800-meter relay to a fifth place finish.

HIGH SCHOOL: Tedder competed on both the cross country and track and field teams at Battle Ground HS. As a member of the cross country team he

was named First Team All-League from 2010-2012, All-Region in 2011 and 2012, and All-State in 2012. He also captained the team in his final two seasons. Additionally, Tedder captained the track and field team in 2013. He was named Second Team All-League for the 1600-meter event in 2012 and was All-Region that same year.

IN THE CLASSROOM: Tedder is pursuing a graduate degree in applied mathematics.

PERSONAL: Mark Daniel Tedder is the son of Daniel and Cindy Tedder. He has two brothers, Luke and Andrew, and one sister, Amy.

TRACK PRs

800-m	1:51.33 (I)
1,500-m	3:44.34 (O)
Mile	4:03.47 (I)
3,000-m	8:02.77 (I)
5,000-m	13:57.38 (O)

COLORADO BUFFALOES



TAYLER TUTTLE

Junior • 1L
Snellville, Ga.
(Providence Christian/
Georgia)

2016: Tuttle raced three times for the Buffs, earning a position on the varsity roster for the postseason. She started the season leading CU at the Metro State Invite, placing third overall. Tuttle followed up that performance by winning the Bradley Classic, which won her a spot on the varsity team. She ran at the Pac-12 Championships, placing 38th overall, and was the alternate runner at the NCAA Mountain Region and NCAA Championships.

2015: Redshirt. Did not compete.

AT GEORGIA: Tuttle ran one season for the Bulldogs. She won her first collegiate meet after clocking 18:14.80 at the Georgia Cross Country Invitational and was named the SEC Women's Runner of the Week. She earned that same distinction for the second time after placing sixth at the Furman Invitational. Tuttle led the Bulldogs at the SEC Championships with a 26th place finish to earn All-SEC Freshman honors. At the NCAA South Region Championships, she recorded a 37th place finish.

HIGH SCHOOL: Tuttle was the state cross country runner-up as a senior and placed third as a junior, which helped her team to second place finishes both season. She was named the 2013 Gwinnet County Cross Country Runner of the Year and was part of the All-Metros cross country team. Tuttle was the PCHS MVP for cross country and track and field. In 2014, she placed eighth in the mile at New Balance Outdoor Nationals.

HIGH SCHOOL BESTS: Mile: 4:53; 1,600-meters: 4:52; 3,200-meters: 11:03.

IN THE CLASSROOM: Tuttle is an integrative physiology major.

PERSONAL: Tayler Nicole Tuttle was born on August 8, 1996 in Las Vegas, Nev. She is the daughter of Charles and Cindy Tuttle of Snellville, Ga. Tuttle is a triplet; her sisters are Mackenzie and Brittany and they both play softball at Berry College. She enjoys art and swimming and also played softball for eight years.

Results

2016	Fin/CU....	Time
at Metro St. Invite	3/1	21:45
at Bradley Classic.....	1/1	20:38.9
at Pac-12 Championship ..	38/9	21:38
at NCAA Mtn. Region.....	Alt.	
at NCAA Championship	Alt.	

TRACK PRs

800-m	2:13.81 (I)
1,500-m	4:26.84 (O)
Mile.....	4:47.66 (I)
3,000-m	9:25.13 (I)
5,000-m	16:20.73 (I)