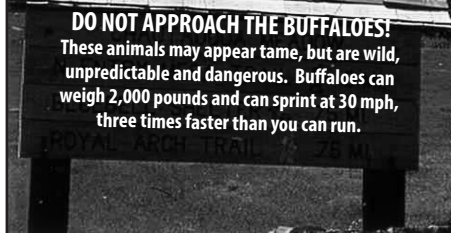


# 2018 COLORADO CROSS COUNTRY



**DO NOT APPROACH THE BUFFALOES!**  
These animals may appear tame, but are wild, unpredictable and dangerous. Buffaloes can weigh 2,000 pounds and can sprint at 30 mph, three times faster than you can run.

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## 2017 TEAM FINISHES

Men Women

Pac-12 Championships.....	2/47 pts. ....	1/53
NCAA Mountain Region.....	3/80 pts. ....	1/62
NCAA Championships.....	8/294 pts. ....	3/139
Letterwinners Ret/Lost .....	6/4 .....	9/2
All-Americans Ret/Lost .....	3/0 .....	3/1
Postseason Scorers Ret/Lost .....	4/2 .....	5/1
Newcomers .....	5 .....	3

*\*--all student-athletes have signed waivers disclosing their academic standing*

## COLORADO AT A GLANCE

Location .....	Boulder, Colo. (102,500)
Founded .....	1876
Enrollment .....	32,220
Colors .....	Silver, Gold and Black
Nickname .....	Buffaloes (Bufs)
Home Course .....	Buffalo Ranch at So Campus
Distances .....	5,800-m (women), 8k (men)
Elevation .....	5,435 feet above sea level
NCAA Affiliation .....	Division I
Conference .....	Pac-12 (Joined 2011)
President .....	Bruce Benson
Chancellor .....	Phil DiStefano
Faculty Athletics Representative .....	Dr. Joseph Jupille
Athletic Director .....	Rick George
Senior Woman Administrator .....	Ceal Barry

## CROSS COUNTRY INFORMATION

Head Coach .....	Mark Wetmore (24th Season)
Associate Head Coach .....	Heather Burroughs
Assistant Coach/Recruiting Coordinator .....	Billy Nelson
Director of Operations .....	Karen Lechman
Cross Country Office .....	303/492-5227

## SPORTS INFORMATION

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Twitter/Instagram .....	@cubuffstrack
Facebook .....	<a href="https://www.facebook.com/cubuffstrack">facebook.com/cubuffstrack</a>

## PRACTICE SCHEDULE

Mondays .....	2 p.m. (IPF)
Tuesdays .....	2 p.m. (IPF)
Wednesdays .....	2 p.m. (IPF)
Thursdays .....	Off
Fridays .....	6:30 a.m. or 2 p.m. (IPF)
Saturdays .....	Raceday
Sundays .....	8 a.m. (long runs off campus)

PHOTO CREDITS: Chip Bromfield, Cliff Grassmick, Brian Lewis, Ken Moreland, CU Photo Office, Gary Ahearn, Patrick Collard, Heather Burroughs, Allison Wade, Cheryl Tregworthy, Andrea DuBay, Mark Foos, Casey Cass and Geoff Turner.

## 2018 SCHEDULE

Aug. 31	at Wyoming Invitational	Cheyenne, Wyo.
Sept. 28	at Nuttyscombe Wisconsin Invitational	Madison, Wis.
Sept. 29	at Stanford Invitational	Stanford, Calif.
Oct. 13	at NCAA Pre-Nationals	Madison, Wis.
Oct. 26	at Pac-12 Championships	Stanford, Calif.
Nov. 9	at NCAA Mountain Region Championship	Provo, Utah
Nov. 17	at NCAA Championships	Madison, Wis.