

ACADEMICS AND ATHLETICS

ACADEMIC ALL-CONFERENCE

First Team

Michelle Bews	1985	Lesley Higgins	1999, 00, 01	Andy Wacker	2008, 09
Andrew Dunn	1986, 87, 88	Jodie Hughes	1999, 00, 01	Matthew Biegner	2009, 10
Sarah Hanson	1985	Kara Grgas-Wheeler	1999, 00	Megan Burrell	2009, 10
Tom Kresl	1985	Tera Moody	2000, 01, 02	Katie Cumming	2009, 10
Michelle Kantor	1988, 89, 90	Liz Sabochik	2000, 01	Seth DeMoor	2009
Bill Hinkley	1988	Aaron Blondeau	2000, 01	Stephen Kasica	2009, 10
Eric Meleney	1989	Chris Schafer	2000	Diana George	2010
Amy Merten	1989	Jorge Torres	2000	Kelly King	2010
Pat Dolan	1990, 91	Ed Torres	2000	Nikki Look	2010, 12
Shannon Busch	1990	Sara (Gorton) Slattery	2001, 04	Jerome Perkins	2010, 12
Jennifer Jones	1989	Anna Wright	2001	Brooke Regan	2010
Wendy Smith	1990, 91	Catherine Wright	2001	Ryan Savercool	2010
Andy Samuelson	1991, 92	Sara Hamlin	2001	Matt Tebo	2010
Dave Barbieri	1992, 93	Jon Severy	2001, 02, 03, 04	Laura Tremblay	2010
Micah Moore	1992	Jared Scott	2001, 03, 04	Elizabeth Tremblay	2010
Jay Cleckler	1992, 93, 94	Sean Smith	2001	Rachel Viger	2011, 12, 13
Ben Bossut	1993	Zach Crandall	2001	Mandy Ortiz	2014
Patty Roberts	1993, 95	Austin Baille	2002, 04, 05	David Emmer	2014
Scott Larson	1993	Travis Macy	2002	Ben Saarel	2014, 16
Allison Lusby	1994	Jamie Rosenquist	2002	Kaitlyn Benner	2015, 16, 17
Rachel McKeen	1994	Shannon Yessak	2002	Melanie Nun	2015
Jon Cooper	1994, 95	Matt McCue	2003, 04	Mackenzie Caldwell	2016
Tim Catalano	1994	Katie Kissane	2003	Adam Peterman	2016, 17
Chris Severy	1995, 96, 98	Payton Batliner	2004, 05	Sage Hurta	2017, 18
Alan Culpepper	1995	Will Campbell	2004, 05	Brianna Schwartz	2017, 18
Kelly Smith	1995, 96, 97	Pete Janson	2004, 06, 07		
Kristina Dahlberg	1995	Daniel Kenney	2004, 05, 06		
H. Burroughs	1995, 96, 97, 98	Brent Vaughn	2004, 06, 07		
Colleen Glyde	1995	Christine Bolf	2004		
Adam Batliner	1996, 97, 98	Allison Bruce	2004		
Jay Johnson	1996, 98	Kristen Hoogheem	2004, 05		
Matt Napier	1996, 97	Erin Marston	2004, 06, 07		
Chris Schafer	1996, 97, 98	Renee Metivier	2004		
Zeke Tiernan	1996, 97	Erik Heinonen	2005, 06		
Lindsay Arendt	1996, 97, 98, 99	Bret Schoolmeester	2005		
Deb Rieck	1996, 97, 99	Kalin Toedebusch	2005		
Heidi Scarlett	1996, 97	Jenny Barringer	2006, 07, 09		
Oscar Ponce	1998	Rachel Gioscia	2006		
Chris Valenti	1998	Jennifer Hooper	2006, 07		
Matt Elmuccio	1998	Kenyon Neuman	2006		
Briana Stott-Messick	1998	Caitlin Schultheiss	2006		
Jen Gruia	1998	Anna Chase	2007		
Gia White	1998	Emily Hanenburg	2007, 08, 09		
Lindsay Bradfield	1998	Bradley Harkrader	2007, 08		
Theresa Dean	1998	Dani Rodriguez	2007		
Liz Sabochik	1998, 00, 01	Aislinn Ryan	2007		
Molly Austin	1999, 01	Sara Vaughn	2007		
Jen Fazioli	1999, 00, 01	Richard Medina	2008, 09		
		Allison Sawyer	2008		
		Laura Thweatt	2008, 09, 10		

ACADEMICS AND ATHLETICS

Honorable Mention/Second Team

Michelle Bews	1986, 88	Anthony Chiulli	2004, 05, 06	Melanie Nun	2016, 17
Lize Brittin	1988	Bret Schoolmeester	2004	Karina Mann	2016, 17, 18
Annie Farris	1988	Greg Castro	2005, 07	Justice Ramos	2016, 17, 18
Kaye Rains	1988	Pete Janson	2005	Madi Boreman	2017
JoAnne McDonald	1988	Shanna Sparks	2005, 07	Mackenzie Caldwell	2017, 18
Brian Reynolds	1988	Seth DeMoor	2006	Makena Morley	2017, 18
Bill Whetstone	1988	Liza Pasciuto	2006	Taylor Scholl	2017, 18
Nate Wright	1988	Dan Edwards	2007	Cayla Seligman	2017
Pat Dolan	1989	Matt Herzl	2007	Paxton Smith	2017, 18
William Drake	1989	Kenyon Neuman	2007, 08, 09	Holly Bent	2018
William Hinkley	1989	Christian Thompson	2008, 09	Baylee Jones	2018
Andy Samuelson	1990	Emma Coburn	2009, 10, 11	Lindsey Kock	2018
Jason Pozner	1990	Jordan Kyle	2009		
Amy Merten	1991	Allison Sawyer	2009		
Brett Larsen	1991	Courtney Bouchet	2010, 11, 12, 13		
Scott Larson	1991	Camille Logan	2010, 11, 12		
Chris McDonald	1991	Brennan Lynch	2010		
Steve Barbieri	1992	Nathan Rice	2010		
Jason Drake	1992, 93	Andy Wacker	2010		
Donelly Larson	1992	Jeff Warren	2010, 12		
Mike Sobolik	1992	Matt Biegner	2011, 12		
Jennifer Jones	1992	Katie Cumming	2011		
Catherine Fahres	1992	Lara Darco	2011, 12		
Julia Huff	1992	Diana George	2011, 12		
Molly Curran	1993	Stephen Kasica	2011		
Michell Wilkolaski	1993	Kelly King	2011		
Ricky Cron	1993	Richard Medina	2011		
Kestrel Bishop	1994, 95	Ryan Savercool	2011, 12		
Holly Stanish	1994	Blake Theroux	2011		
Jeremy Gintoft	1994	Liz Tremblay	2011, 12, 13		
Zeke Tiernan	1994, 95	Andy Wacker	2011		
Adam Batliner	1995	Joe Bosshard	2012		
Ewen Nichol	1995	Jana Stoltzing	2012, 13		
Tom Reese	1995	Maddie Alm	2013, 14, 15		
Brian Aiken	1995	Jenny DeSouchet	2013, 14		
Jay Johnson	1995	Catrina McAlister	2013		
Adrian Armold	1995	Morgan Pearson	2013, 15		
Jessica Cirelli	1995	Carrie Verdon	2013		
Rachel McKeen	1995	Erin Clark	2014, 15, 16		
Laura Bruns	1996, 97	Lucy May	2014, 15, 16		
Kara Grgas-Wheeler	1996, 97	Adam Peterman	2014		
Mike Friedberg	1998	Eryn Blakely	2015		
Megan Clute	1998	Christian Martin	2015, 16, 17		
Wes Berkshire	1999	Paul Miller	2015, 16		
Zach Crandall	2000	Ryan Forsyth	2016, 18		
Molly Austin	2002	Reilly Friedman	2016		
Sara Gorton	2002	Ethan Gonzales	2016, 17, 18		
Jared Scott	2002	Chris Herrick	2016, 17		
Matt McCue	2002	Dani Jones	2016, 17, 18		
		Joe Klecker	2016, 17, 18		

USTFCCA ALL-ACADEMIC

Adam Batliner	1996
Matt Napier	1996
Chris Severy	1996
Kelly Smith	1996, 97
Jennifer Smith	1997
Briana Stott-Messick	1997
Jenny Barringer	2006, 07, 09
Erik Heinonen	2006
Brent Vaughn	2006, 07
Brad Harkrader	2007
Erin Marston	2007
Sara Vaughn	2007
Richard Medina	2008
Laura Tremblay	2009, 10
Andy Wacker	2011
Erin Clark	2013, 14, 15, 16
Jenny DeSouchet	2013, 14
Abby Levene	2013
Melanie Nun	2013, 15, 17
Morgan Pearson	2013, 15
Ben Saarel	2013, 14, 15, 16
Liz Tremblay	2013
Maddie Alm	2014, 15
Kaitlyn Benner	2014, 15, 16, 17
Sara Sutherland	2014
Joe Klecker	2016, 17, 18
Mackenzie Caldwell	2016, 18
Sage Hurta	2016, 17, 18
Makena Morley	2016, 17, 18
Brianna Schwartz	2017
Tabor Scholl	2018

ACADEMICS AND ATHLETICS

CoSIDA ACADEMIC ALL-AMERICANS



Jenny Barringer



Kaitlyn Benner



Heather Burroughs



Kara Grgas-Wheeler



Erik Heinonen



Jodie Hughes



Sage Hurta



Nikki Look



Renee Metivier



Ben Saarel



Chris Severy



Jon Severy



Kelly Smith



B. Stott-Messick



Brent Vaughn

ACADEMIC ALL-AMERICANS Fall/Winter At-Large

- 1996 Chris Severy (1st Team)
Kelly Smith (1st Team)
Heather Burroughs (1st Team)
1998 B. Stott-Messick (2nd Team)
1999 Kara Grgas-Wheeler (2nd Team)
2000 Kara Grgas-Wheeler (1st Team)

Cross Country/Track

- 2001 Jodie Hughes (2nd Team)
2003 Jon Severy (3rd Team)
2005 Jon Severy (1st Team)
Renee Metivier (1st Team)
2007 Erik Heinonen (1st Team)
2008 Jenny Barringer (1st Team)
Brent Vaughn (1st Team)
2009 Jenny Barringer (1st Team)
2010 Jenny Barringer (1st Team)
2013 Nikki Look (1st Team)
2015 Ben Saarel (3rd Team)
2016 Ben Saarel (2nd Team)
2018 Ben Saarel (1st Team)
Kaitlyn Benner (3rd Team)
2018 Kaitlyn Benner (2nd Team)
Sage Hurta (2nd Team)

POST GRADUATE SCHOLARSHIPS

Big Eight/Big 12

- Ben Bossut 1994
Jon Cooper 1996
Heather Burroughs 1999
Aaron Blondeau 2002
Rachel Gioscia 2009

NCAA

- Heather Burroughs 1999
Kara Grgas-Wheeler 2001
Jessica (Pixler) Tebo 2011
Nikki Look 2013
Christian Martin 2019



Aaron Blondeau



Ben Bossut



Jon Cooper



Rachel Gioscia



Christian Martin



Jessica (Pixler) Tebo

ACADEMICS AND ATHLETICS

STEPS

STEPS is a program designed to assist graduating student-athletes as they transition to life after the university setting. The program will have Department of Athletics staff and university faculty assist them in the following areas:

- **“Learn to Earn” with Alice Swanson, veteran of The Boulder Chamber of Commerce and currently of Leeds School of Business**

- Interview Skills
- Job Placement
- Contract Negotiation

- **Personal Financial Planning with Susan Morley of Leeds School of Business**

- Playbook for Life, the Student-Athlete’s Guide to Understanding and Planning Your Financial Future

- **Exit Interview with the Department of Athletics**

- Student-Athletes discuss their CU experience with a senior level administrator in the Department of Athletics. (One-on-one interview and survey)

- **Career Services**

- Resume / Folio 21
- CSO On-line
- Letters of Recommendation (4-6)
- Job Fairs
- Post-Graduation Test Preparation

- **Exit Physical**

- Athlete completes final medical physical, reviews medical history with Office of Sports Medicine and discusses lingering injuries with Sports Medicine on coverage

- **Counseling and Psychological Services**

- **Graduation Checklist**

- **Alumni C-Club**

- Student-Athletes stay connected to CU through membership in the Alumni C-Club.

- **Post-Graduate Scholarships**

- **Professional Sports Counseling Panel**



READ WITH THE BUFFS

1. The University of Colorado and IBM work together to promote literacy in local elementary schools through the “Read With the Buffs” program.
2. Focus of the program is to:
 - a. Have CU student-athletes promote reading as the basis for success in school.
 - b. Promote the importance of school and doing your personal best.
3. Designated school districts are Boulder Valley and St. Vrain school districts.
4. Teacher’s Responsibilities:
 - a. Decisions:
 - i. It is suggested for students to compete against themselves, not others.
 - ii. Encourage students to read over the holidays.
 - iii. At the end of the program send into the athletic department a list of all students who have participated in “Read With the Buffs” successfully.
5. Student-athletes will visit the classroom for a 45-minute presentation.
 - a. Pencils, stickers and/or bookmarks will be given out to students who are able to answer the comprehension questions correctly after the book is read.
6. Student-athletes will deliver the message: do well in school, work hard, do your personal best, and importance of reading.
7. No more than two classrooms should be combined with one group of student-athletes.
8. One adult volunteer is assigned to two to three student-athletes.
9. CU pencils and bookmarks or stickers will be left for all students.
10. In addition, a T-shirt (autographed) will be left with each classroom teacher to hang up in the classroom as a continual reminder about “Read With the Buffs.”
 - a. The T-shirt will be for the classroom teacher to keep as a thank you for participating in “Read With the Buffs.”
11. Students who participate in the program and successfully meet the criteria, set by the teacher, will receive a ticket to attend either a men’s or women’s basketball game.
12. A special section will be set aside for all “Read With the Buffs” participants.
13. Two students will be on the court during halftime representing their classroom.

