

REGIONAL/NATIONAL AWARDS



All-American

First Team (AVCA)
 2014..... Taylor Simpson

Second Team (AVCA)
 2017..... Alexa Smith

Second Team (Volleyball Magazine)
 1999..... Kelly Campbell

Third Team (AVCA)
 2006..... Ashley Nu'u

Third Team (Volleyball Magazine)
 1998..... Kelly Campbell

Honorable Mention (Asics/Volleyball Magazine)
 2006..... Ashley Nu'u

Honorable Mention (AVCA)
 2017..... Brynna DeLuzio
 2015..... Alexis Austin
 2005..... Allie Griffin
 2004..... Allie Griffin
 2003..... Monique Gerlach

Honorable Mention (Volleyball Magazine)
 1989..... Tina Murray

Freshman All-American (Volleyball Magazine)
 1996..... Kelly Campbell

Academic All-American

First Team (CoSIDA)
 1999..... Kelly Campbell

Second Team (CoSIDA)
 2002..... Elizabeth Gower

Academic All-Region/District

First Team (District VII)
 2002..... Elizabeth Gower
 2002..... Kim Taskey
 1999..... Kelly Campbell
 1990..... Jennifer Sherlock

Second Team (District VII)
 2000..... Elizabeth Gower

Region/District Coach of the Year

Coach of the Year (District VII)
 1997..... Pi'i Aiu

All-Region/District

First Team (All-Pacific South Region)
 2017..... Alexa Smith
 2015..... Alexis Austin
 2014..... Taylor Simpson

Honorable Mention (All-Pacific South Region)
 2017..... Brynna DeLuzio
 2016..... Gabby Simpson
 2015..... Nicole Edelman
 2013..... Taylor Simpson

Freshman of the Year (All-Pacific South Region)
 2017..... Brynna DeLuzio

First Team (All-Central Region)
 2006..... Ashley Nu'u
 2005..... Allie Griffin
 2004..... Allie Griffin
 2003..... Monique Gerlach
 2002..... Monique Gerlach
 2001..... Elizabeth Gower & Meghan Barkman
 2000..... Elizabeth Gower

Honorable Mention (All-Central Region)
 2005..... Ashley Nu'u

First Team (All-District V)
 1999..... Kelly Campbell
 1998..... Kelly Campbell
 1997..... Sarah Lodge
 1995..... Leah Williams

First Team (All-Mideast Region)
 1994..... Karrie Downey
 1993..... Karrie Downey & Nicole Vranesh
 1992..... Nicole Vranesh

Second Team (All-Mideast Region)
 1994..... Leah Williams
 1993..... Janine Zumerchik



A two-time All-American and all-region pick, Kelly Campbell holds the Division I record of assist average at 14.45 per game in the non-rally scoring era. She ranks second all-time when the rally scoring era is included.

National Player of the Week

Player of the Week (VolleyMob.com)
 Sept. 18, 2017..... Alexa Smith

Player of the Week (ESPNW)
 Nov. 19, 2014..... Taylor Simpson
 Nov. 5, 2014..... Taylor Simpson

Player of the Week (AVCA)
 Nov. 13, 2006..... Ashley Nu'u
 Nov. 8, 1999..... Kelly Campbell
 Oct. 13, 1997..... Sarah Lodge

Player of the Week (CVU.com)
 Oct. 18, 2005..... Allie Griffin

RECORDS

CONFERENCE HONORS

All-Conference

First Team (All-Pac-12)

2017..... Alexa Smith
 2015..... Alexis Austin, Nicole Edelman
 2014..... Alexis Austin, Taylor Simpson

All-Freshman Team

2017..... Brynna DeLuzio

Honorable Mention (All-Pac-12)

2017..... Naghede Abu, Brynna DeLuzio,
 Joslyn Hayes, Frankie Shebby
 2016... Naghede Abu, Gabby Simpson, Alexa Smith
 2015..... Gabby Simpson
 2013..... Nicole Edelman, Taylor Simpson

All-Freshman Honorable Mention (All-Pac-12)

2015..... Naghede Abu
 2014..... Anna Pfefferle, Gabby Simpson
 2012..... Alexis Austin, Nicole Edelman

First Team (All-Big 12)

2006..... Ashley Nu'u
 2005..... Allie Griffin
 2004..... Allie Griffin
 2003..... Monique Gerlach
 2002..... Monique Gerlach
 2001..... Elizabeth Gower, Meghan Barkman
 2000..... Elizabeth Gower
 1999..... Kelly Campbell, Kristin Engelking
 1998..... Kelly Campbell, Tegan Lynch
 1997..... Kelly Campbell, Sarah Lodge
 1996..... Kelly Campbell, Rachel Wacholder

First Team (All-Big Eight)

1995..... Leah Williams
 1994..... Karrie Downey, Leah Williams
 1993..... Karrie Downey, Nicole Vranesh
 1992..... Nicole Vranesh
 1991..... Nicole Vranesh, Wendy Van Wyhe
 1990..... Tiffany Jestadt
 1989..... Tina Murray, Lisa Soulliere
 1988..... Stephanie Salgado

Second Team (All-Big Eight)

1995..... Rachel Wacholder
 1994..... Rachel Wacholder, Janine Zumerchik
 1993..... Staci Wolfe, Janine Zumerchik
 1992..... Michele Kohler, Janine Zumerchik
 1991..... Katie Zabransky
 1990..... Tina Murray
 1988..... Susan Magda, Tina Murray, Lisa Soulliere
 1987..... Lisa Soulliere

Honorable Mention (All-Big 12)

2006..... Lauren Schaefer
 2006..... Amber Sutherland
 2005..... Ashley Nu'u
 2004..... Ashley Nu'u
 2001..... Monique Gerlach
 2000..... Meghan Barkman
 1998..... Sarah Lodge, Courtney Owens
 1997..... Alison Koepke

Honorable Mention (All-Big Eight)

1991..... Karrie Downey
 1988..... Jennifer Sherlock
 1987..... Tina Murray

Receiving Votes (All-Big 12)

2000..... Sonja Russell
 1999..... Sonja Russell

Academic All-Conference

First Team (Pac-12)

2013..... Elysse Richardson
 2012..... Elysse Richardson
 2011..... Elysse Richardson

Second Team (Pac-12)

2017..... Stephanie Shadley
 2016..... Stephanie Shadley
 2015..... Nicole Edelman

Honorable Mention (Pac-12)

2017..... Naghede Abu, Anna Pfefferle, Alexa Smith, Rachel Whipple
 2016..... Naghede Abu, Anna Pfefferle, Cierra Simpson, Gabby Simpson
 2015... Anna Pfefferle, Stephanie Shadley, Cierra Simpson, Gabby Simpson
 2014..... Nicole Edelman, Kelsey English, Cierra Simpson
 2013..... Jessica Aschenbrenner, Nicole Edelman, Kelsey English,
 Kerra Schroeder
 2012..... Jessica Aschenbrenner, Kelsey English, Ana Pantovic
 2011..... Emily Alexis, Jessica Aschenbrenner, Megan Beckwith,
 Anicia Santos, Alyssa Valentine

First Team (Big 12)

2010..... Rosie Steinhaus
 2009..... Rosie Steinhaus
 2008..... Alex Buth
 2007..... Alex Buth, Therese Viñal
 2006..... Alex Buth, Austin Zimmerman
 2005..... Alex Buth, Nicole Carr, Lynsey Mann, Therese Vinal
 2004..... Allison Barnes, Nicole Carr
 2003..... Allison Barnes, Nicole Carr, Monique Gerlach
 2002..... Allison Barnes, Sara Fredrickson, Monique Gerlach,
 Elizabeth Gower, Kim Taskey, Monica Vesanovic
 2001..... Meghan Barkman, Sara Fredrickson, Monique Gerlach,
 Elizabeth Gower, Sonja Russell, Kim Taskey, Sara Villwock
 2000..... Fredrickson, Gower, Taskey
 1999..... Kelly Campbell, Kristin Engelking
 1998..... Campbell, Engelking, Sarah Lodge, Tegan Lynch, Melissa Schutz
 1997..... Campbell, Lodge, Lynch, Schutz
 1996..... Campbell, Engelking, Alison Koepke, Schutz

Second Team (Big 12)

2010..... Kerra Schroeder
 2009..... Kaitlyn Burkett
 2008... Kaitlyn Burkett, Lauren Schaefer, Amber Sutherland, Ashley VenHorst
 2007..... Kaitlyn Burkett, Kristen Karlik, Lauren Schaefer
 2003..... Monica Vesanovic
 2002..... Meghan Barkman

First Team (Big Eight)

1995..... Leah Williams
 1994..... Brenda Bauernfeind
 1993..... Shannon Parke
 1992..... Michele Kohler, Nicole Vranesh
 1991..... Vranesh, Wendy Van Wyhe, Katie Zabransky
 1990..... Tiffany Jestadt, Jennifer Sherlock, Van Wyhe
 1988..... Wendy Callahan, Sherlock

Second Team (Big Eight)

1995..... Rachel Wacholder
 1994..... Karrie Downey
 1992..... Kelly Prahm
 1990..... Stephanie Salgado, Zabransky
 1988..... Darla DeRuitter, Lisa Soulliere

Honorable Mention (Big 12)

2001..... Josee Roberge
 2000..... Barkman, Russell, Lisa Small
 1999..... Russell, Small
 1997..... Engelking, Koepke
 1996..... Lodge, Lynch

CONFERENCE HONORS



Conference Player of the Week

| | |
|--|---|
| Player of the Week (Pac-12) | 9/18/06 Amber Sutherland |
| 11/6/17 . . Brynna DeLuzio (Freshman) | 11/13/06 Ashley Nu'u |
| 10/30/17 . . Brynna DeLuzio (Freshman) | 10/31/05 Ashley Nu'u |
| 10/1/17 Naghede Abu (Defensive) | 11/24/03 Nicole Carr |
| Brynna DeLuzio (Freshman) | 9/16/02 Monique Gerlach |
| 9/18/17 Alexa Smith (Offensive) | 10/15/01; 10/8/01 Sara Villwock |
| Brynna DeLuzio (Freshman) | 11/15/99; 11/8/99; 10/11/98; |
| 9/5/16 Naghede Abu (Defensive) | 11/3/97 Kelly Campbell |
| 11/16/15 Alexis Austin (Offensive) | 12/1/97; 10/13/97 Sarah Lodge |
| 10/19/15 Naghede Abu (Freshman) | |
| 10/19/15 Gabby Simpson (Offensive) | Player of the Week (Big Eight) |
| 10/5/15 Cierra Simpson (Defensive) | 9/15/95 Leah Williams |
| 9/21/15 Gabby Simpson (Offensive) | 11/5/94 Karrie Downey |
| 11/17/14 Taylor Simpson (Offensive) | 10/17/94 Rachel Wacholder |
| 11/3/14 Taylor Simpson (Offensive) | 9/6/93 Nicole Vranesh |
| 9/30/13 Nikki Lindow (Defensive) | 11/3/92 Janine Zumerchik |
| | 10/14/91 Wendy Van Wyhe |
| | 10/22/90 Tiffany Jestadt |
| Player of the Week (Big 12) | 9/19/89; 9/5/89 Tina Murray |
| 10/18/10 Kerra Schroeder (Offensive) | 11/9/88 Lisa Soulliere |
| 9/27/10 Alyssa Valentine (Rookie) | 10/31/88 Stephanie Salgado |
| 11/3/08 Callie Webster (Defensive) | 9/19/88 Jennifer Sherlock |
| 10/8/07 Callie Webster (Defensive) | |

Speciality Awards

| | |
|---|---------------------------------|
| Chick-Fil-A Community of Champions (Big 12) | |
| 2009 Kaitlyn Burkett | 2008 Alex Buth |
| Big 12 Good Works Team | |
| 2007 Alex Buth | 2006 Therese Viñal |
| Pre-season Freshman of the Year (Big 12) | |
| 2003 Ashley Nu'u | |
| Community Outreach Award (Big 12) | |
| 2000-01 Kim Taskey | |
| Newcomer of the Year (Big 12) | |
| 1996 Sarah Lodge | |
| Backcourt Specialist of the Year (Big Eight) | |
| 1994 Shannon Parke | 1991 Stephanie Chiang |

Conference Coach of the Year

| | |
|--|--|
| Coach of the Year (Big 12) | |
| 1997 Pi'i Aiu | |
| Coach of the Year (Big Eight) | |
| 1988, 1992 & 1993 Brad Saindon | |

SCHOOL HONORS

Honor Rolls

Commissoner's Honor Roll (Big 12)

(Given each semester for a 3.0 GPA or higher)

| | |
|---------------------------------|---|
| Emily Alexis | f10, s11 |
| Jessica Aschenbrenner | f10, s11 |
| Meghan Barkman | s00, f00, s01, f01, f02, s03 |
| Allison Barnes | f01, s02, f02, s03, f03, s04 |
| Megan Beckwith | f10, s11 |
| Richi Bigelow | f10, s11 |
| Shana Bowen | s00 |
| Kaitlyn Burkett | f07, s08, f08, s09, f09 |
| Kathleen Bunce | f96, s97 |
| Alex Buth | f04, s05, f05, s06, f05, s06, f06, s07, f07, s08, f08 |
| Kelly Campbell | f96, s97, f97, s98, f98, s99, f99, s00 |
| Nicole Carr | f02, s03, f03, s04, f04, s05, f05, s06 |
| Dana Crary | f05, s06 |
| Megan Cyr | f08, s09, f09 |
| Kristin Engelking | f96, s97, s98, f98, s99, f99, s00 |
| Katie Evanyo | f09 |
| Sara Fredrickson | s00, f00, s01, s02, f02, s03 |
| Monique Gerlach | s01, f01, f02, s03, f03, s04 |
| Mallori Gibson | f05 |
| Elizabeth Gower | f99, s00, f00, s01, f01, s02 |
| Allie Griffin | s04, s06 |
| Cory Hayes | s99, s00 |
| Drew Hays | s03 |
| Kristen Karlik | s06, s07 |
| Alison Koepke | f96, s97, s98 |
| Sarah Lodge | f96, s97, s98, s99 |
| Tegan Lynch | f96, s97, f97, s98, f98, s99 |
| Lynsey Mann | s04, f04, s05, s06 |
| Kelly Masumiya | s03, f03, f05 |
| Krislen Morgado | s05, f05 |
| Amber Nu'u | f05, s07 |
| Courtney Owens | f98, s99 |
| Ana Pantovic | f10, s11 |
| Alex Penewell | f08 |
| Ellen Ribar | f09 |
| Elysse Richardson | f10, s11 |
| Josee Roberge | f97, s00, f00, s01 |
| Sylvie Roberge | s99, f00, s01 |
| Sonja Russell | f00, s01, f01, s02, s03 |
| Maragda Santillana | s02, s05 |
| Anicia Santos | s10, f10, s11 |
| Christan Schaefer | f08, s09 |

| | |
|----------------------------|--|
| Lauren Schaefer | f05, s07, f07, s09 |
| Melissa Schutz | f96, s97, f97, s98, f98, s99 |
| Kerra Schroeder | f09, s10 |
| Emilee Sisco | s06 |
| Lisa Small | s98, f98, s99, s00, f00, s01 |
| Rosie Steinhau | f07, s08, f08, s09, f09, s10 |
| Amber Sutherland | s07, f08 |
| Kim Taskey | f99, s00, f00, s01, f01, s02, f02, s03 |
| Alyssa Valentine | f10, s11 |
| Ashley VenHorst | f05, s06, f08, s09, f09 |
| Monica Vesanovic | f00, f01, s02, f02, s03, f03, s04 |
| Sara Villwock | f00, s01 |
| Therese Viñal | f04, s05, f05, s06, f05, s06, f06, s07, f07, s08 |
| Hannah Walker | f10, s11 |
| Kassidi Warnock | f09 |
| Callie Webster | s09 |
| Kirsten Wicks | f07, f08, s09 |
| Austin Zimmerman | s05, f05, s06, f05, s06, f06, s07 |

Big Eight Honor Roll (Big Eight)

(Given each year for a 3.0 GPA or higher)

| | |
|------------------------------|-------------------|
| Brenda Bauernfeind | 1994 |
| Wendy Callahan | 1987 |
| Karrie Downey | 1992 & 1994 |
| Kacey Engel | 1992 & 1993 |
| Tiffany Jestadt | 1988 |
| Alison Koepke | 1995 |
| Michele Kohler | 1989, 1990 & 1991 |
| Susan Gillette | 1986 |
| Sarah Lodge | 1995 |
| Tegan Lynch | 1995 |
| Stacy Metro | 1988 |
| Shannon Parke | 1991 & 1993 |
| Kelly Prahm | 1991 & 1992 |
| Buffy Romero | 1989 |
| Stephanie Salgado | 1988 & 1989 |
| Melissa Schutz | 1995 |
| Jennifer Sherlock | 1987, 1988 & 1989 |
| Andrea Smith | 1986 & 1987 |
| Nicole Vranesh | 1990 |
| Wendy Van Wyhe | 1988, 1989, 1990 |
| Staci Wolfe | 1991 |
| Katie Zabransky | 1990 |

RECORDS



SCHOOL HONORS

Miscellaneous CU Awards

CU Athlete of the Year

| | |
|------|-----------------|
| 2017 | Alexa Smith |
| 2013 | Taylor Simpson |
| 2003 | Monique Gerlach |
| 1996 | Leah Williams |
| 1995 | Karrie Downey |
| 1990 | Tina Murray |
| 1989 | Lisa Soulliere |

CU Freshman of the Year

| | |
|------|----------------|
| 2017 | Brynna DeLuzio |
|------|----------------|

CU Career Athletic Achievement

| | |
|------|----------------|
| 2015 | Nicole Edelman |
| 2014 | Taylor Simpson |
| 2000 | Kelly Campbell |

CU Female Scholar-Athletes of the Year

(Highest GPA throughout career of all student-athletes)

| | |
|------|----------------|
| 1991 | Wendy Van Wyhe |
| 1989 | Lisa Soulliere |

McAllister Scholar Award

(Awarded to those who show leadership and skills for CU and the community)

| | |
|---------|----------------|
| 2000-01 | Meghan Barkman |
| 2000-01 | Kim Taskey |

Clancy A. Herbest Student Achievement Award

(Awarded to those who overcome adversity to excel both on and off the court)

| | |
|---------|---------------|
| 2000-01 | Sonja Russell |
|---------|---------------|

4.0 Club Members

(Players who have achieved a 4.0 in a semester since 1995)

| | |
|---|--------------------|
| Fall 1998 & Spring 1999 | Melissa Schutz |
| Fall 1999 | Kelly Campbell |
| Fall 1999, Fall 2001, Fall 2002 & Spring 2003 | Elizabeth Gower |
| Spring 2000 & Spring 2001 | Kim Taskey |
| Spring 2002 | Maragda Santillana |
| Spring 2012 | Elysse Richardson |
| Fall 2012 | Chelsey Keoho |

Big 12 Post Graduate Scholarship

| | |
|---------|------------|
| 2003-04 | Kim Taskey |
|---------|------------|

Team Honors

Most Valuable Player

| | |
|------|--|
| 2017 | Alexa Smith (Offensive) Naghede Abu (Defensive) |
| 2016 | Alexa Smith (Offensive) Naghede Abu (Defensive) |
| 2015 | Alexis Austin (Offensive) Cierra Simpson (Defensive) |
| 2014 | Taylor Simpson (Offensive) Cierra Simpson (Defensive) |
| 2013 | Taylor Simpson (Offensive) Nikki Lindow (Defensive) |
| 2012 | Nicole Edelman |

Most Improved Player

| | |
|------|---|
| 2015 | Gabby Simpson |
| 2014 | Anna Pfefferle Gabby Simpson |
| 2013 | Jessica Aschenbrenner Cierra Simpson |
| 2012 | Alexis Austin |

Golden Buffalo

| | |
|------|-----------------------|
| 2017 | Stephanie Shadley |
| 2016 | Cierra Simpson |
| 2015 | Nicole Edelman |
| 2014 | Rachel Hargis |
| 2013 | Elysse Richardson |
| 2012 | Jessica Aschenbrenner |

Shoulder To Shoulder

| | |
|------|-------------------------------------|
| 2014 | Katherine Hawkins Nicole Edelman |
| 2013 | Katherine Hawkins |
| 2012 | Kelsey Spencer |

Heart of the Buffalo

| | |
|------|--------------------------------|
| 2013 | Nicole Edelman Ana Pantovic |
|------|--------------------------------|

Most Inspirational

| | |
|------|--------------|
| 2016 | Joslyn Hayes |
|------|--------------|

Scout Team MVP

| | |
|------|----------------|
| 2017 | Lillie Klemmer |
| 2016 | Frankie Shebby |

CU Weekly & Monthly Honors

Athlete of the Month *(Colorado Volleyball)*

| | |
|---------------------------------|----------------|
| November, 2001; September, 2001 | Monique Gelach |
| October, 2001 | Sara Villwock |

Athlete of the Week *(Colorado)*

| | | |
|------------------------|-----------------------|--------------------|
| 10 Time Winners | Tina Murray | Allie Griffin |
| Alexis Austin | Ashley Nu'u | Tiffany Jestadt |
| Taylor Simpson | Nicole Vranesh | Nikki Lindow |
| | Rachel Wacholder | Susan Magda |
| 7 Time Winners | | Courtney Owens |
| Kerra Schroeder | 2 Time Winners | Stephanie Salgado |
| | Nicole Carr | Maragda Santillana |
| 5 Time Winner | Alison Koepke | Anicia Santos |
| Naghede Abu | Michele Kohler | Lauren Schaefer |
| | Tegan Lynch | Melissa Schutz |
| 4 Time Winners | Gabby Simpson | Cierra Simpson |
| Nicole Edelman | Rosie Steinhaus | Emilee Sisco |
| Alexa Smith | 1 Time Winners | Amber Sutherland |
| Lisa Soulliere | Melissa Bollinger | Kim Taskey |
| | Kelsey English | Callie Webster |
| 3 Time Winners | Becah Fogle | Leah Williams |
| Alex Buth | Monique Gerlach | Katie Zabransky |
| Kelly Campbell | Mallori Gibson | Janine Zumerchik |
| Karrie Downey | | |
| Sarah Lodge | | |

RECORDS